## Fall-Winter Vaccines

### Why are these vaccines important?
COVID-19, Influenza (flu) and Respiratory Syncytial Virus (RSV) vaccines reduce the risk of severe disease. You can get all three vaccines at the same time.

### Vaccine

<table>
<thead>
<tr>
<th>Vaccine</th>
<th>Who is recommended to get it?</th>
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| **Influenza** | **Everyone 6 months and older** should get a dose, even persons with an egg allergy.  
Targets 4 strains of influenza virus. |
| **COVID-19** | CDC recommends that **everyone 6 months and older** get an updated COVID-19 vaccine at least 2 months after their last dose.  
Updated to target XBB, an Omicron subvariant.  
Updated Moderna, Pfizer & Novavax vaccines are available. |
| **RSV** | **Adults 60 and older** should ask their healthcare provider/pharmacist about the RSV vaccine.  
Targets Respiratory Syncytial Virus (RSV).  
RSV can cause severe respiratory disease in infants and older adults. |

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1. If a pregnant person does not get the RSV vaccine, the baby is recommended to get one dose of RSV monoclonal antibody. Higher risk older babies/toddlers up to 19 months are also recommended to get a dose.

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For more information, visit [covid-19.acgov.org/vaccines](http://covid-19.acgov.org/vaccines) or scan the QR Code:

Adapted from “Fall 2023 Vaccines” by Katelyn Jetelina, MPH PHD and Caitlin Rivers, MPH PHD in Your Local Epidemiologist and CDPH’s flyer: [https://eziz.org/assets/docs/IMM-1481.pdf](https://eziz.org/assets/docs/IMM-1481.pdf)