

Fall-Winter Vaccines

Why are these vaccines still important?

COVID-19, Influenza (flu) and Respiratory Syncytial Virus (RSV) vaccines reduce the risk of severe disease. You can get all three vaccines at the same time.

Vaccine

Who is recommended to get it?

Influenza



Targets 3 strains of influenza virus.

Everyone 6 months and older should get a dose EVERY YEAR.

Children 8 years and younger should have two doses their first season.

COVID-19



Updated to more closely match current variants.

Updated Moderna, Pfizer & Novavax vaccines are available.

CDC recommends that **everyone 6 months and older** get an updated COVID-19 vaccine EVERY YEAR (at least 2 months after their last dose).

- Most persons who have never been vaccinated need one dose of Pfizer/Moderna **OR** two doses of Novavax to be considered up-to-date.
- Children 6 months to 4 years of age who have never been vaccinated need two or three doses of COVID-19 vaccine.

RSV¹



Targets Respiratory Syncytial Virus (RSV). RSV can cause severe respiratory disease in infants and older adults.

Adults 75 and older should get one dose. **Adults 60 to 74** should get a dose if they are at higher risk for severe disease.

Pregnant persons should get a dose between 32 and 36 weeks during RSV season (baby will receive protection that lasts for months after birth).

¹

If a pregnant person does not get the RSV vaccine, the baby is recommended to get one dose of RSV monoclonal antibody. Higher risk older babies/toddlers up to 19 months are also recommended to get a dose.



**Public Health
Department**
Alameda County Health

For more information, visit
covid-19.acgov.org/vaccines
or scan the QR Code:



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