

# Fall-Winter Vaccines

## Why are these vaccines still important?

COVID-19, Influenza (flu) and Respiratory Syncytial Virus (RSV) vaccines reduce the risk of severe disease. You can get all three vaccines at the same time.

### Vaccine

### Who is recommended to get it?

#### Influenza



Targets 3 strains of influenza virus.

**Everyone 6 months and older** should get a dose EVERY YEAR.

**Children 8 years and younger** should have two doses their first season.

#### COVID-19



Updated to more closely match current variants.

Updated Moderna, Pfizer & Novavax vaccines are available.

CDPH recommends that **everyone 6 months and older** get an updated COVID-19 vaccine EVERY YEAR (at least 2 months after their last dose).

Children 6 months to 4 years of age who have never been vaccinated need two or three doses of COVID-19 vaccine.

Adults 65 and older should get a second dose of COVID-19 vaccine 6 months after their first dose.

#### RSV<sup>1</sup>



Targets Respiratory Syncytial Virus (RSV).

RSV can cause severe respiratory disease in infants and older adults.

**Adults 75 and older** should get one dose.

**Adults 60 to 74** should get a dose if they are at higher risk for severe disease.

**Pregnant persons** should get a dose between 32 and 36 weeks during RSV season. This protects the baby for months after birth.

<sup>1</sup> If a pregnant person does not get the RSV vaccine, the baby is recommended to get one dose of RSV monoclonal antibody. Higher risk older babies/toddlers up to 19 months are also recommended to get a dose of monoclonal antibody.

For more information on vaccine recommendations, visit <https://bit.ly/PublicHealth-Vaccines>



**Public Health  
Department**  
Alameda County Health

For more information, visit  
[covid-19.acgov.org/vaccines](https://covid-19.acgov.org/vaccines)  
or scan the QR Code:

