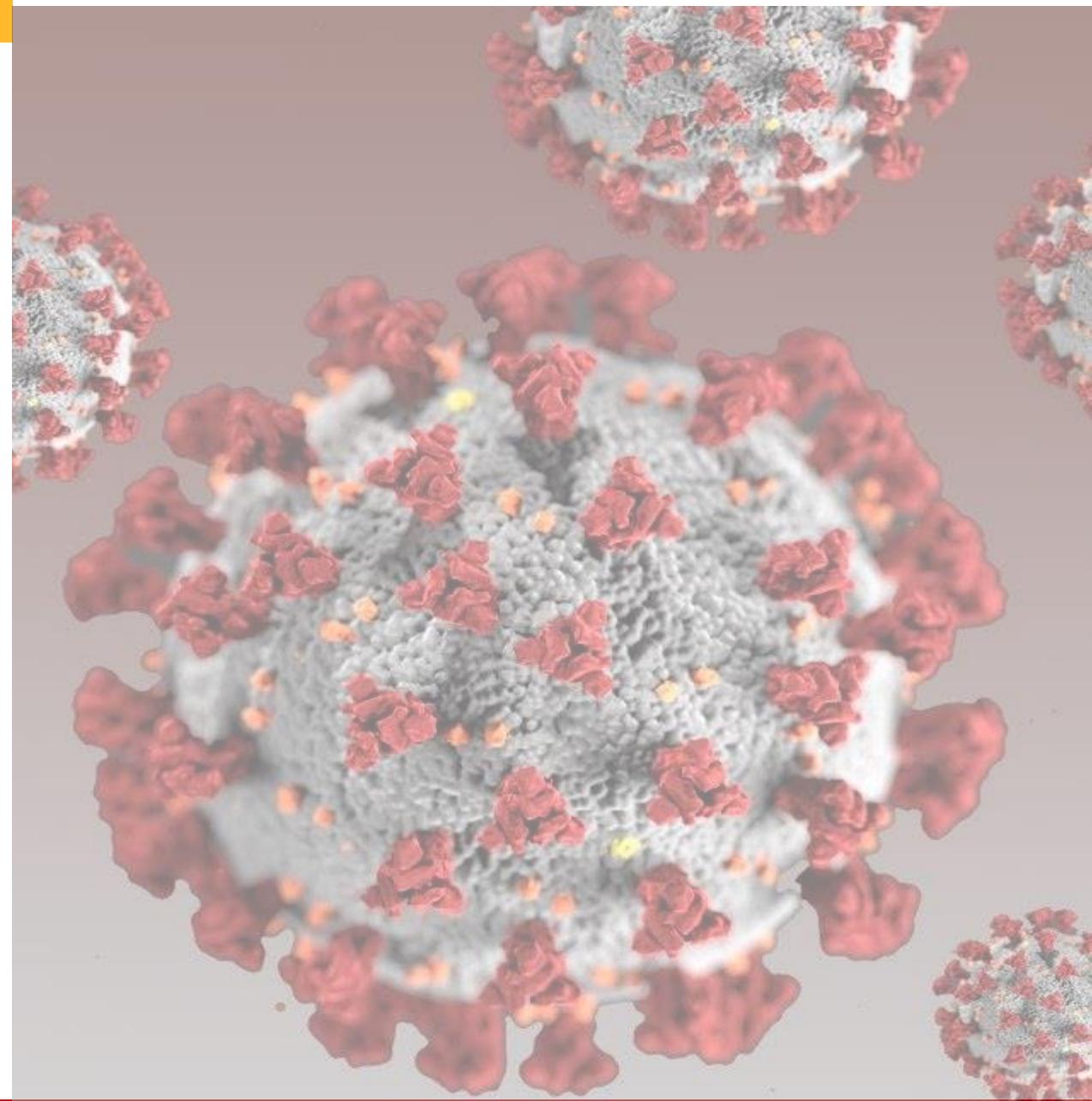


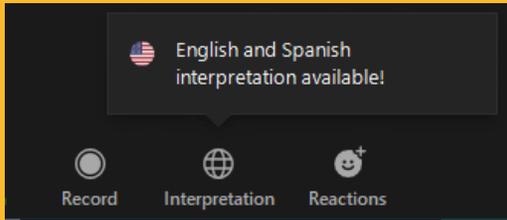
Alameda County COVID-19 Community Advisory Group

COVAX@acgov.org

Meeting 31
January 10, 2023



INTERPRETATION



La siguiente presentación tiene servicio de interpretación al español.

Para iniciar esta función:

1. Haga clic en el icono de Interpretación
2. Seleccione español como idioma

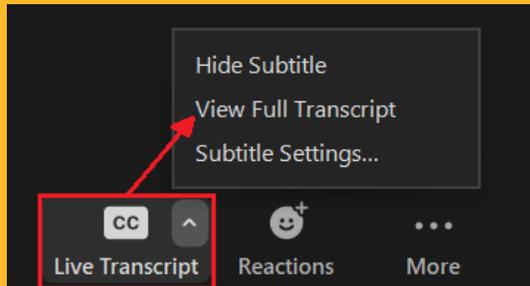
Opcional: Para escuchar solo el audio en español, haga clic sobre “Mute Original Audio”

Live interpretation services are available in Spanish.

 Android & PC

● ● ● iPhone & Mac

INTERPRETATION



Using Closed Captioning

- Click Closed Caption in the controls at the top or bottom of your screen
- After selecting “Closed Caption,” you will see the captioning at the bottom of your screen
- If you need to adjust the caption size
- Click on the arrow next to “stop/start video” and choose “Video Settings”
- Click on “Accessibility”
- Move the slider to adjust the caption size

Como Usar los Subtítulos

- Haga click sobre Closed Caption en los controles arriba en su pantalla
- Después de seleccionar “Closed Caption”, vera los subtítulos al pie de su pantalla
- Si necesita ajustar el tamaño de los subtítulos
- Haga click sobre la flecha cerca de “stop/start video” y elija “Video Settings”
 - Haga click en “Accessibility”
 - Mueva el deslizador para ajustar el tamaño de los subtítulos



AGENDA

1. **Welcome**
2. **County & Partner Updates**
3. **CAG Going Forward**
4. **Close Out**

Please mute your
microphone when not
speaking.

Please ask your questions
in the chat.



2. Partner Updates & County Updates



COVID Data & COVID Policies

Dr. Nick Moss



Epidemic Data Key Points 1/6/23 –

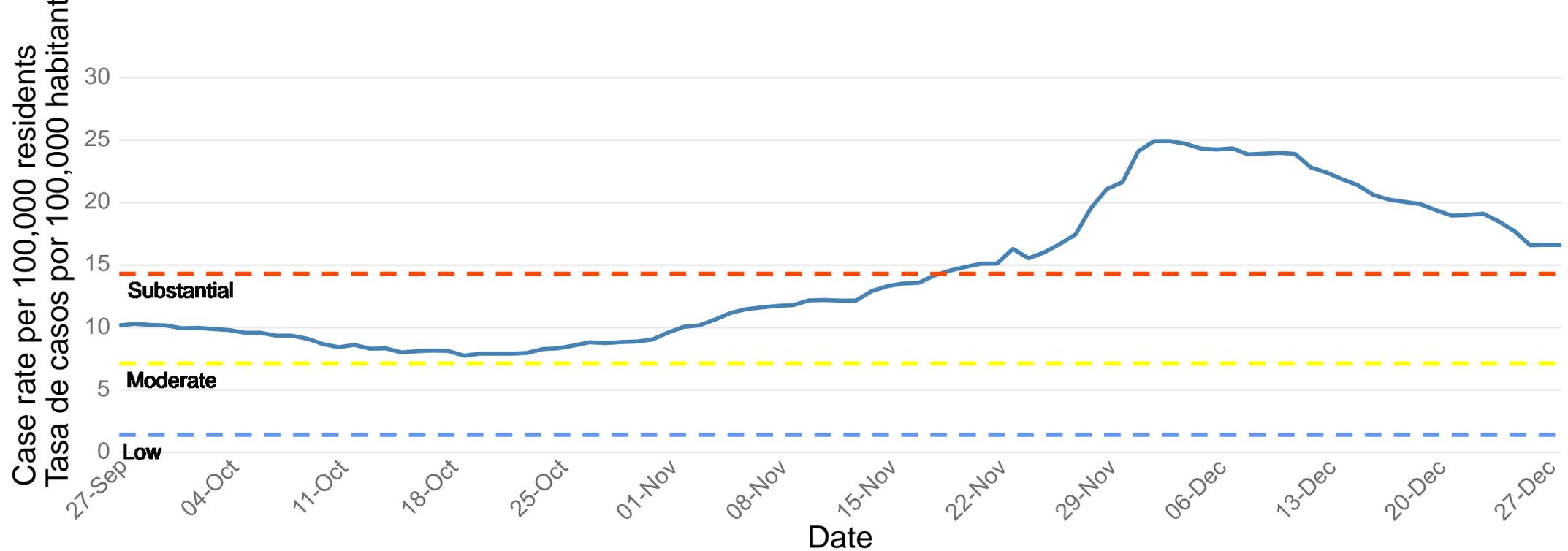
- 18 COVID-19 cases per 100,000 residents per day
- 168 hospitalized, 13 ICU
- 536 deaths reported among confirmed cases in 2022

- Alameda County in CDC "Medium" COVID-19 Community Level
- Flu and RSV situations improved – could worsen again
- Some local hospitals remain highly burdened
- XBB.1.5 impact TBD

Visit the COVID-19 [dashboard](#) for more data

Alameda County COVID-19 Daily Case Rate

Tasa diaria de casos de COVID-19 del Condado de Alameda



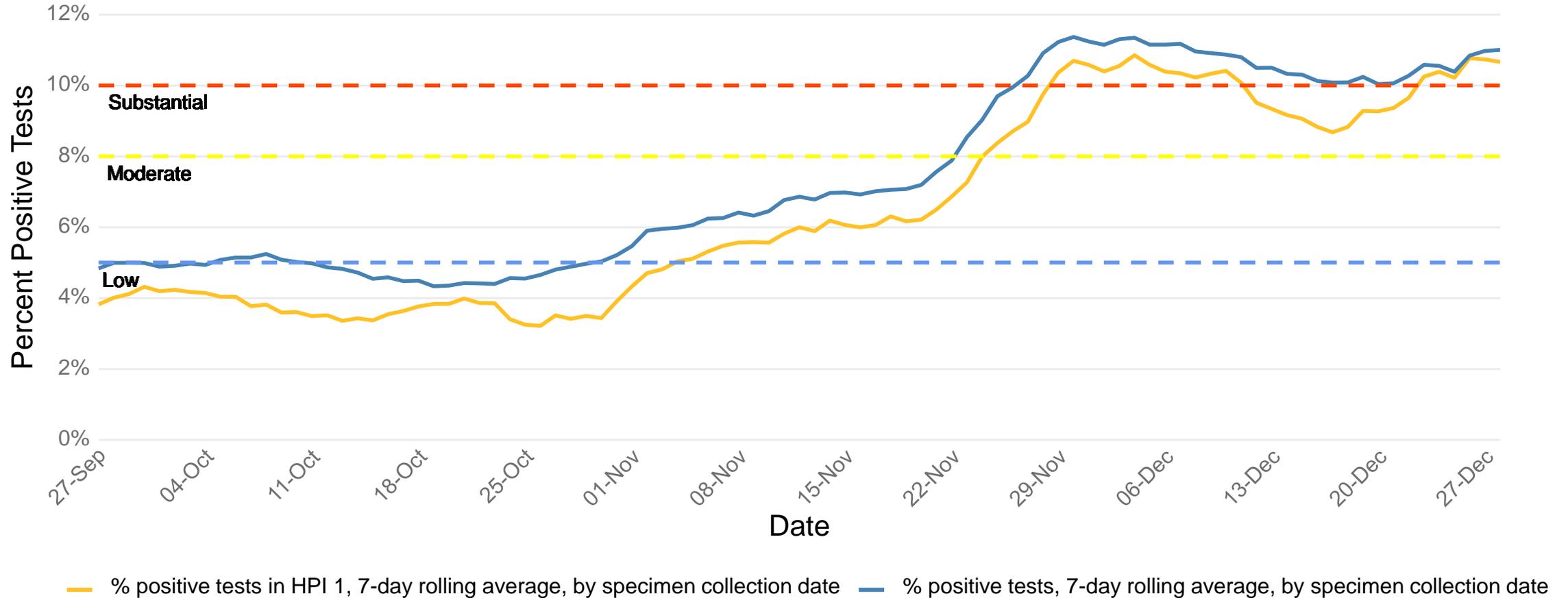
New cases per 100,000 per day, 7-day average, by episode date
— Casos nuevos por 100,000 por día, promedio de 7 días, por fecha de episodio

Includes City of Berkeley

Source: CalREDIE Data Distribution Portal download January 5, 2022



Alameda County COVID-19 Test Positivity



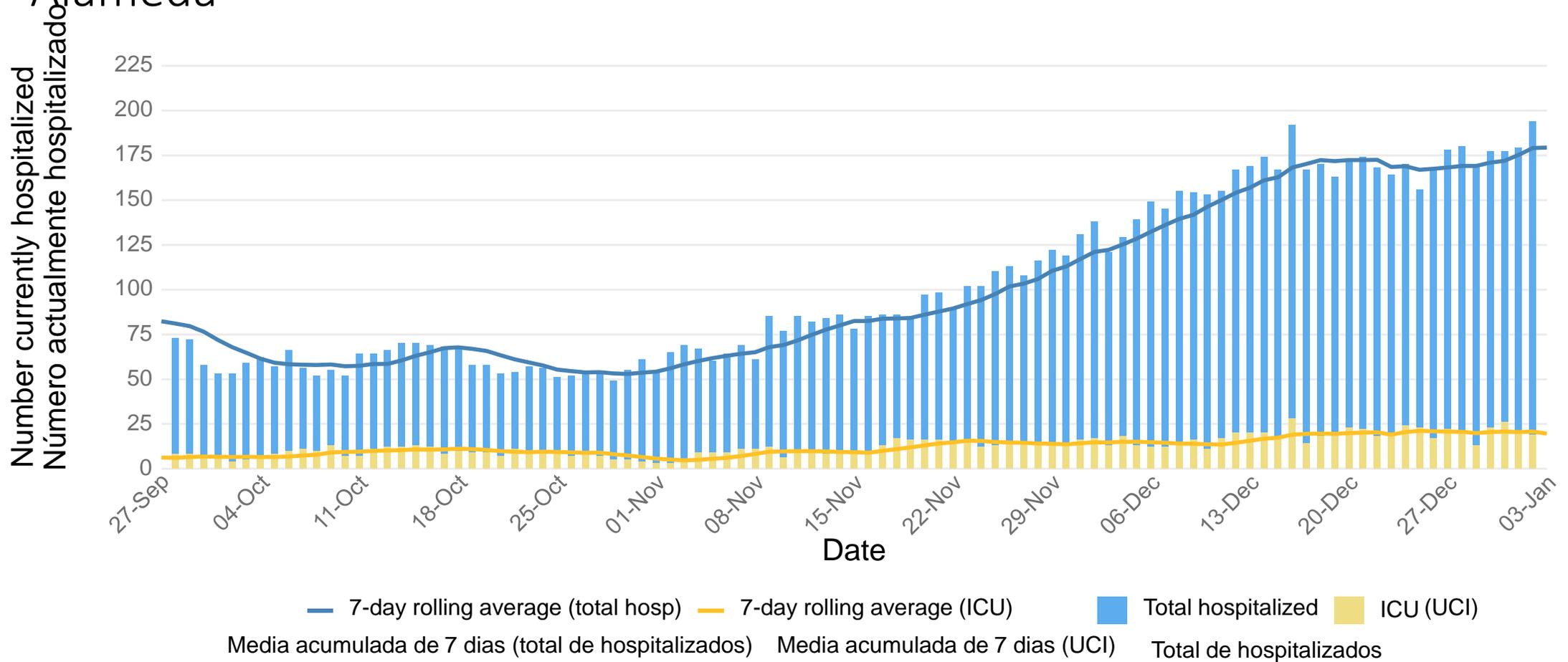
Includes City of Berkeley

Source: CalREDIE Data Distribution Portal download January 5, 2022



Patients with COVID-19 Currently Hospitalized in Alameda County

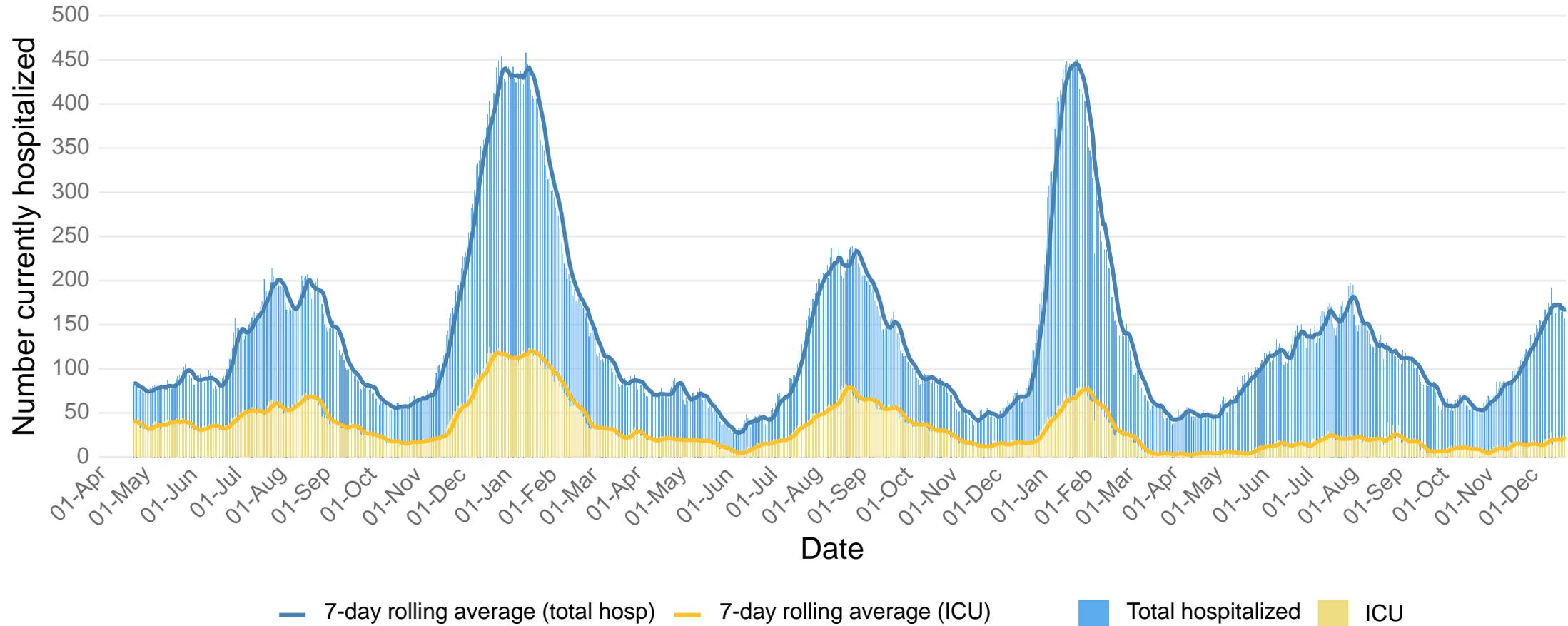
Pacientes con COVID-19 actualmente hospitalizados en el Condado de Alameda



Source: California Department of Public Health



Patients with COVID-19 Currently Hospitalized in Alameda County, 2020-2022



Source: California Department of Public Health

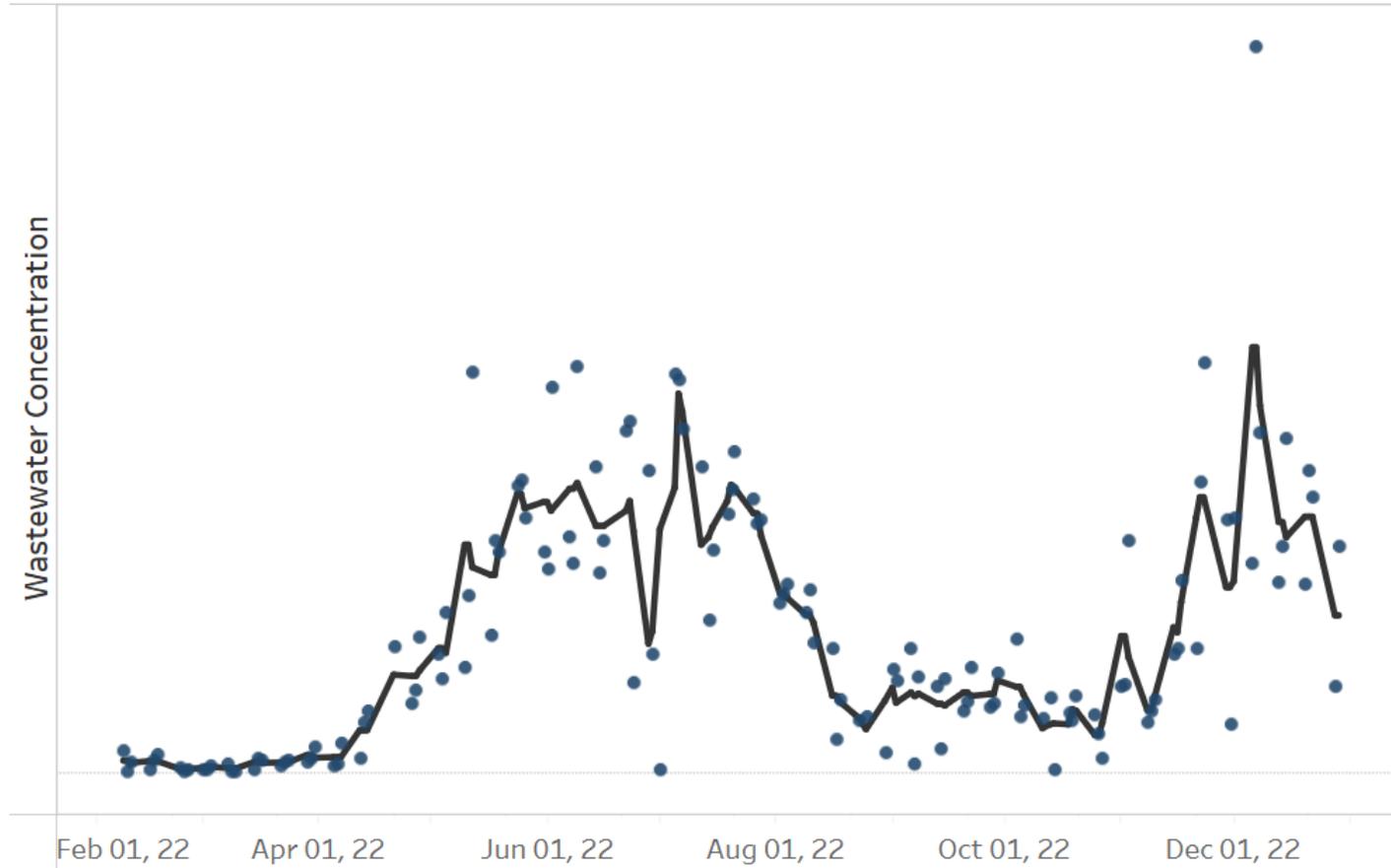
Wastewater Monitoring to 12/29 – East Bay Municipal Utilities District

Concentration Unit: SARS-CoV-2/L
Data Source: CDPH Drinking Water and Radiation Lab

Change Sample Date

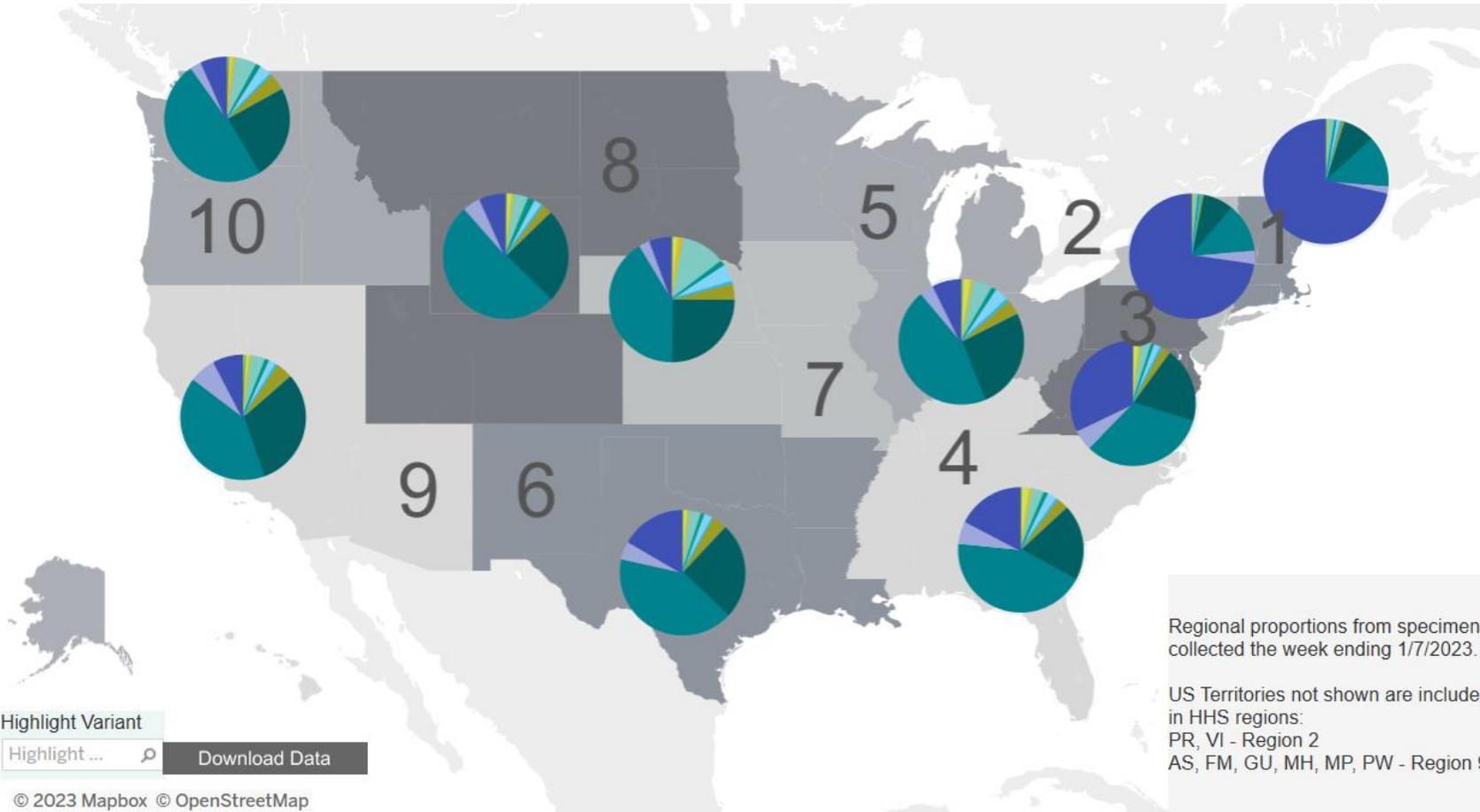
Dec 16, 20

Jan 04, 23



[Cal-SuWers Network Dashboard](#) accessed 1/6/23

COVID-19 Variant Distribution Nowcast, 1/1-1/7, 2023



Lineage #	US Class	%Total	95%PI	
BQ.1.1	VOC	34.4%	26.7-43.0%	
XBB.1.5	VOC	27.6%	14.0-46.5%	
BQ.1	VOC	21.4%	16.1-27.7%	
XBB	VOC	4.9%	4.0-6.1%	
BA.5	VOC	3.7%	2.7-5.0%	
BN.1	VOC	3.0%	2.1-4.1%	
BF.7	VOC	2.2%	1.6-3.0%	
BA.2.75	VOC	1.3%	0.9-2.0%	
BA.5.2.6	VOC	0.7%	0.5-0.9%	
BA.2	VOC	0.3%	0.2-0.5%	
BF.11	VOC	0.3%	0.2-0.4%	
BA.4.6	VOC	0.2%	0.2-0.3%	
BA.2.75.2	VOC	0.1%	0.1-0.1%	
BA.4	VOC	0.0%	0.0-0.0%	
BA.1.1	VOC	0.0%	0.0-0.0%	
B.1.1.529	VOC	0.0%	0.0-0.0%	
BA.2.12.1	VOC	0.0%	0.0-0.0%	

Highlight Variant

© 2023 Mapbox © OpenStreetMap

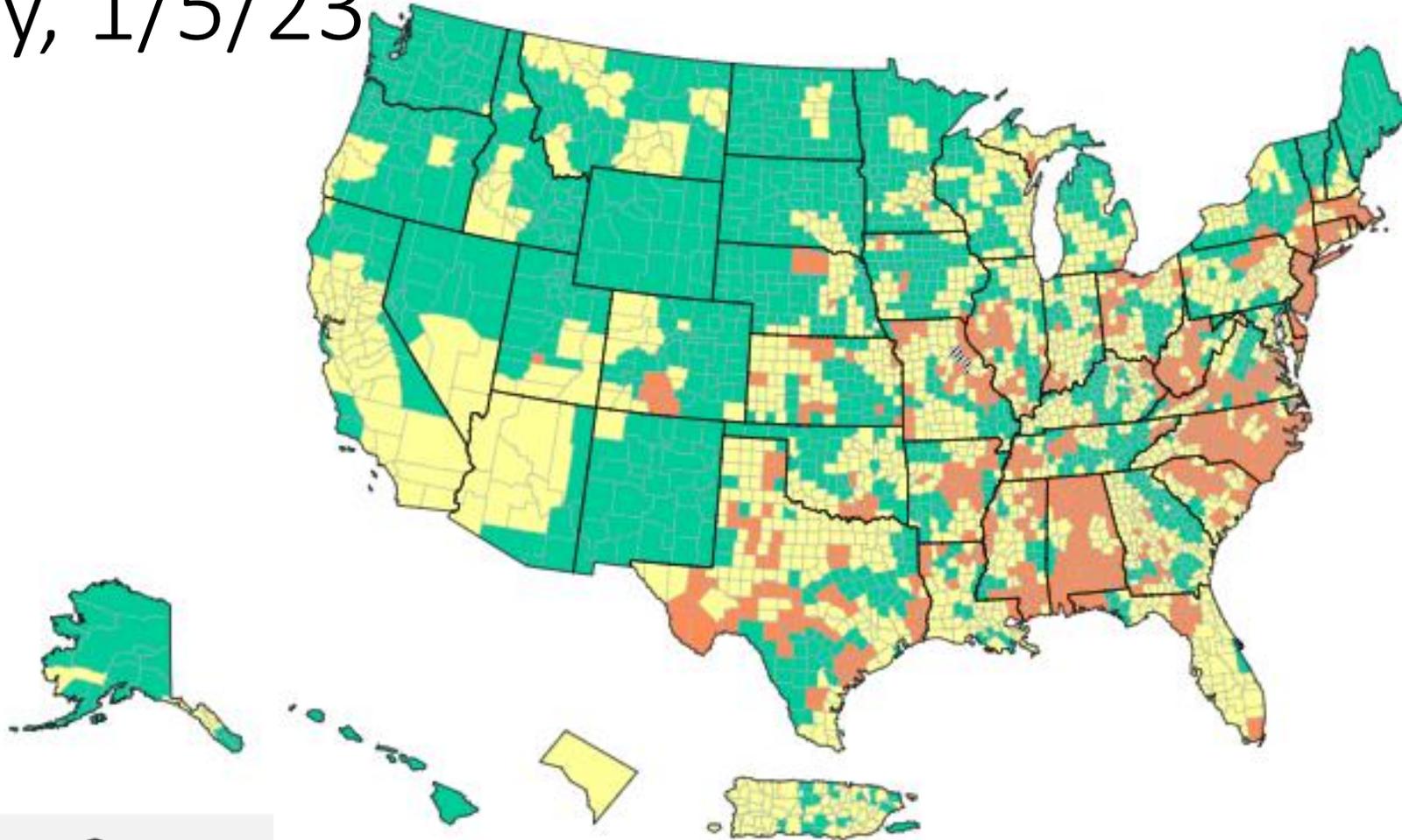
Lineages called using pangolin v4.1.3, pangolin-data v1.17 and usher v.0.5.4.

Regional proportions from specimens collected the week ending 1/7/2023.
 US Territories not shown are included in HHS regions:
 PR, VI - Region 2
 AS, FM, GU, MH, MP, PW - Region 9

Updated January 6, 2023

CDC COVID Data Tracker: Variant Proportions Accessed 1-6-23

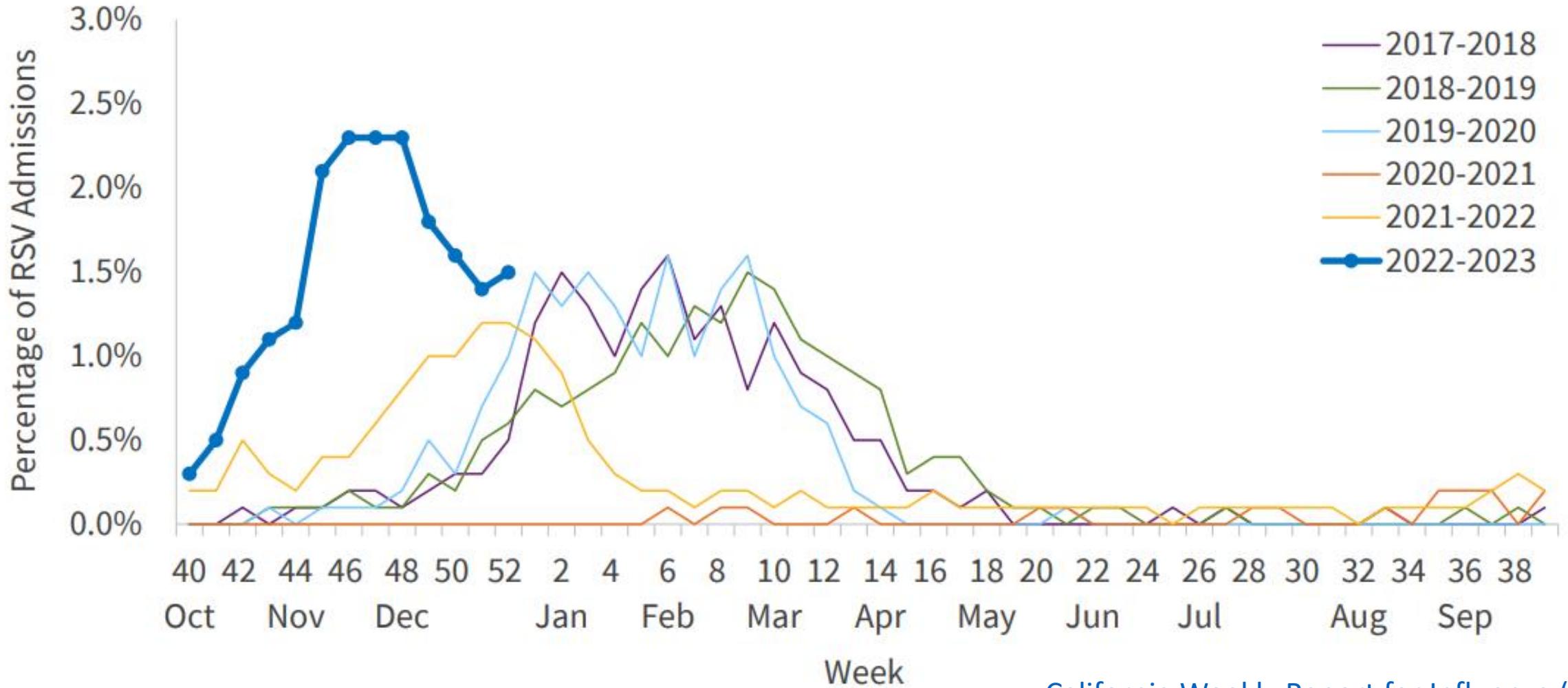
CDC COVID-19 Community Levels in US by County, 1/5/23



● Low ● Medium ● High ● No Data

[CDC COVID Data Tracker: County View 1/6/23](#)

Percentage of RSV Admissions in Nor Cal Kaiser Facilities, 2017–present



Note: Data have been shifted so that Week 1 aligns across seasons.

[California Weekly Report for Influenza \(Flu\) and Respiratory Disease Surveillance](#)

California Influenza Activity Levels, Dec. 25 – Dec. 31, 2023



Geographic Area	Activity Level
California Statewide	Moderate
Northern Region	Moderate
Bay Area Region	Moderate
Central Region	Moderate
Upper Southern Region	Low
Lower Southern Region	Moderate

[California Weekly Report for Influenza \(Flu\) and Respiratory Disease Surveillance](#)

COVID Division & Strategy Updates

Dr. Donata Nilsen



COVID Division Winter Activities

- Infection Prevention & Outbreak Guidance
- Treatment Education and Outreach
- Vaccinations
- Testing
- Coordination with Community Partners
- Supporting LTCFs and other settings
- Data Management and Dashboards



COVID Community Support Services Continue

- **Information Sharing** - Vaccination PODs, Therapeutics, Access to Testing
- **Flu & COVID Vaccination Education**
- **Inquiries Call Line**
 - Vaccination Appointments
 - Isolation Guidance
 - Access to Treatments
 - Resource Navigation
- **Therapeutics Coordination**
 - Connect Positive residents to Treatment Options and Sesame Care
 - Coordinate Therapeutics allocations with Alameda County providers



COVID Optum Serve Testing Site Updates

- CDPH Optum Serve Operations

Site Closures

- Effective January 22 San Leandro Marina Community Center 15301 Wicks Blvd, San Leandro (we have requested an extension to February 5)
- Effective February 5 Mobile Bus Site Closures
 - Dublin/ Pleasanton BART, West Oakland BART, Oakland Coliseum BART, Bay Fair BART, Harold Way and Meyer Sound, Berkeley
 - City of Refuge, Oakland and West Oakland Health Center

Optum Serve San Pablo Park, 2800 Street, Berkeley will remain open Sun-Thurs 11am-3pm

New Testing and Test to Treat Operations

- a. Symptomatic testing recipients tested for COVID-19, Flu A and Flu B
- b. COVID Positive patients notified speak with an Optum Serve Call Center RN for prescreening
- c. Can log into their LHI/Optum Serve account and complete a Pre-screening questionnaire then contacted by physician for telehealth
- d. Medications can be picked up at an Optum Serve site or participating pharmacy if prescribed.



Winter Wellness Campaign

Neetu Balram



Targeted Digital and Social Media Ads

Running through February 2023

- \$25,000 budget

Audience:

- Low Income Adults: 18-65, Individuals making <\$50k/year and Households making <\$100k/year
 - In Priority Communities
 - In English, Spanish, Chinese, Tagalog

Goal: Ads seen 2.5 million times by residents most impacted by COVID-19

Informed by Staff and Community Feedback

- Message: Based on staff feedback (COVID Division, HEPP and HPCP) on what questions and concerns they were hearing from community partners
- Evolved over time as message was used; A/B testing in the field
- Campaign visuals: Based on feedback shared during the development of the vaccination ad campaign (also informed by community feedback)
- Shared with staff (COVID Division, HEPP and HPCP) to get feedback before going public

Message

Raise awareness about the layers of protective actions Alameda County residents can take to help mitigate seasonal illness like respiratory viruses (including COVID-19) during the 2022 gathering season and beyond

Arm residents with accurate information and remind them about the simple steps they can take to keep themselves and others healthy and well.

- **The Wellness Checklist.** Follow simple steps to ensure your health and wellness this winter. Receive regular screenings, get vaccinated, boosted, and a COVID-19 test prior to gathering in small groups and outdoors, if possible, wear a high-quality mask to protect against respiratory viruses and stay focused on your mental health. **[Get the Wellness Checklist]**
- **Affordable Care.** Resources are available. Treatment and vaccines and boosters are free and available for Alameda County residents. **[Get the Wellness Checklist]**
- **Preventative Care.** Don't wait until you're sick to establish a relationship with a health care provider. Talk to a doctor about staying up-to-date on routine screenings and recommended vaccines. **[Get My Wellness Checklist]**

Check Your Health.

Get boosted

Stay healthy this season.

GET WELLNESS TIPS →

ALAMEDA COUNTY HEALTH CARE SERVICES AGENCY



Free Health Resources.

Staying healthy can be free

GET THE LIST →

Staying Healthy Can be Free.

- Low-cost or no-cost care options
- Telehealth appointments
- Physical and mental health care

GET THE LIST →



Easy Steps to Stay Well.

Wear high-quality mask

GET OUR TIPS →

Spread Joy, Not Germs.

- Wash your hands
- Wear a mask
- Gather outdoors

GET OUR TIPS →



Check Your Health.

Self-test before gathering with loved ones

Get vaccinated or boosted

Find a health care provider

GET WELLNESS TIPS

ALAMEDA COUNTY HEALTH CARE SERVICES AGENCY

Check Your Health.

GET WELLNESS TIPS →

ALAMEDA COUNTY HEALTH CARE SERVICES AGENCY

Free Health Resources.

ALAMEDA COUNTY HEALTH CARE SERVICES AGENCY

GET THE LIST →

Digital Resources (Wellness Checklist)

The screenshot shows the Alameda County Health Care Services Agency website. The main content area features a green banner with the text "Free Health Resources. Stay healthy this season." and a photo of a smiling man. Below the banner is the heading "Share the Season, Not Sickness" and a sub-heading "Check Your Health, Alameda County". The text explains that health care providers and state organizations have resources available to everyone, regardless of insurance status. A link "GET THE WINTER WELLNESS CHECKLIST" is provided, along with a PDF download icon. Below this is the "Winter Wellness Checklist" section, which includes a list of 10 items with radio buttons for selection. The checklist items are: Talk to a doctor about staying up-to-date on routine recommended vaccines; Get vaccinated for the flu; Get boosted for COVID-19; Take a rapid COVID-19 test prior to gathering with family or elderly people; If you test positive, contact your health care provider right away to get treatment. Don't wait until symptoms get worse; Gather in small groups and outdoors if possible; Accommodate the highest-risk person at your gathering; Wear a high-quality mask; When traveling, wear a secured mask—any mask is better than nothing; Keep rooms well ventilated; Stay home if you feel sick; Wash your hands to protect yourself against the common cold or respiratory viruses; Pay attention to your mental health. Below the checklist is the "Free Health Resources" section, which states that safe, effective treatment for people who test positive for COVID-19 is free through health care providers and state resources. It also provides information on how to access treatment, including telemedicine options and a 24/7 helpline. The website footer includes the Alameda County logo and the text "Alameda County Health Care Services Agency".

BeWell.acgov.org

Share the Season, Not Sickness

Through health care providers, the State, or Alameda County, there are resources available to everyone, regardless of insurance status. We've created a simple and easy checklist to help ensure your health and wellness this winter. Now is the time to make sure you're healthy before this holiday gathering season.

Winter Wellness Checklist

Below is your checklist to stay healthy this winter.

- Stay home if you feel sick.
- Talk to a doctor about staying up-to-date on routine recommended vaccines.
- Get vaccinated against the flu.
- Get boosted against COVID-19.
- Take a rapid COVID-19 test prior to gathering with family or elderly people. If you don't have test kits at home, find a community testing location near you.
- If you test positive, stay home and contact your health care provider right away to get treatment. Don't wait until symptoms get worse.
- Gather in small groups and outdoors if possible.
- Keep rooms well ventilated.
- Accommodate the highest-risk person at your gathering.
- Wear a high-quality, well-fitting mask indoors.
- When traveling, wear a -well-fitted mask—any mask is better than nothing.
- Wash your hands to protect yourself against the common cold or respiratory viruses.
- Pay attention to your mental health.

Check Your Health, Alameda County!

ALAMEDA COUNTY HEALTH CARE SERVICES AGENCY

Downloadable in English, Spanish, Chinese, Tagalog

Week 1 Results Highlights

- 206,229 impressions and 1,163 clicks
- Top locations by impressions: Oakland, Hayward, San Lorenzo, San Leandro
- Top locations by clicks: Oakland, Hayward, San Leandro
- Most clicks coming through mobile phones
- Most impressions among 25-44; English and Spanish

3. CAG Going Forward



Quick Zoom Poll:

Please click on the “Poll” option at the bottom of Zoom and mark your top three most important or valuable components of the CAG meetings:

- COVID Data & policy updates
- COVID Division & Strategy Updates
- Communications Updates
- Partner Updates
- Breakout group working sessions
- Other _____ *[write into the chat]*

Small Group Breakout Questions

1. What do you want to see us accomplish moving forward?
2. What models do you see for us working together going forward? What type of relationship do you want to see?

4. Close Out



THANK YOU!

COVID-19 Vaccine

covid-19.acgov.org/vaccines

(510) 208-4829

COVID-19 Testing

covid-19.acgov.org/testing

@Dare2BWell



WAYS TO STAY INFORMED



Community Advisory Group (CAG)

2nd Tues. of the month, 5:30-7:00 PM; next on 2/14/23

covid-19.acgov.org/community-advisory-group



Public Health Commission

2nd Thurs. of the month, 6:00-8:00 PM; next on 2/16/23

acphc.wordpress.com



Health Care Services Agency (HCSA)

COVID-19 Updates

Includes presentations & newsletters

covid-19.acgov.org/response



Access to COVID Therapeutics (Treatment)

Acceso a la terapéutica COVID (Tratamiento)

TESTED POSITIVE? NEED TREATMENT? NO DOCTOR?
¿HA DADO POSITIVO? ¿NECESITA TRATAMIENTO? ¿NO HAY MÉDICO?

Sesame Care: 833-686-5051 | <https://sesamecare.com/covidca>

- California COVID Telemedicine Line for FREE virtual health screenings and FREE prescriptions (Paxlovid or molnupiravir) / Línea de telemedicina COVID de California para realizar exámenes de salud virtuales y prescripciones GRATUITAS (Paxlovid o molnupiravir)
- Appointments in English & Spanish, interpretation line for other languages / Citas en inglés y español, línea de interpretación para otros idiomas

HAVING TROUBLE OR HAVE OTHER QUESTIONS?
¿TIENE PROBLEMAS O TIENE OTRAS PREGUNTAS?

ACPHD COVID Community Support : 510-268-2101 | ncov@acgov.org

STAY INFORMED

Sign up to get emergency alerts and public safety warning messages where you live and work



CalAlerts.org

STAY CONNECTED

Follow your county or your county's office of emergency services for more details on evacuation and shelter-in-place notifications.

 @ALAMEDACOALERT

 @ALAMEDACOUNTY

Bookmark your county's office of emergency services website



tinycl.com/ACEMERGENCYALERT

Keep a list of your local emergency radio stations

KFRC 106.9 FM

KCBS 740 AM

STAY SAFE

 Call 2-1-1 or 3-1-1 to get help or ask questions.

 If you have a critical emergency, call 9-1-1.

 Have flashlights and batteries on hand. Make sure your phone is charged.

 Have enough nonperishable food and water for every member of your household for 3 days. Don't forget any pets!

Alameda County's Winter Storm Resources website, with information on warming centers and shelters for the unhoused, evacuation shelters, road closures and City storm-related web pages: //

Sitio web de recursos para tormentas de invierno del condado de Alameda, con información sobre centros de calentamiento y refugios para personas sin hogar, refugios de evacuación, cierres de carreteras y páginas web relacionadas con tormentas de la ciudad:

<https://www.acgov.org/emergencysite/guidance.htm>
<https://www.acpwa.org/prepare-for-winter-storms.page>

Residents can also call 211 for storm help. //
Los residentes también pueden llamar al 211 para obtener ayuda durante la tormenta.

Water Emergency?
 To report a:
 • Water main break
 • Broken/damaged fire hydrant
 • Situations with heavy water flow
 Call:
 EAST BAY MUNICIPAL UTILITY DISTRICT (EBMUD)
 Emergency Dispatch at 1-866-403-2683 anytime, 24/7.
 If you are experiencing a water outage, please go to ebmud.com/alerts to check the status of outages in your area.

City of Oakland
Urgent Infrastructure Issues
 • Downed sign
 • Traffic signal outage
 • Flooding
 • Sewer overflow
 • Fallen trees or branches
 call 311 or (510) 615-5566.

FOR ALAMEDA COUNTY EMERGENCY NOTIFICATIONS Register with AC Alert at: www.acalert.org

Gas or Electric Emergency?
 If you smell natural gas, see downed power lines, or suspect another emergency situation LEAVE THE AREA IMMEDIATELY AND CALL 9-1-1. THEN, CALL PG&E AT 1-800-743-5000.



GET SANDBAGS IF YOUR HOUSE IS AT RISK FOR FLOODING

KEEP YOUR CELL PHONES FULLY CHARGED IN CASE OF POWER OUTAGES

GATHER EXTRA BLANKETS IN CASE YOUR HEAT OR POWER GOES OUT

REPLACE BATTERIES IN YOUR FLASHLIGHTS

MAKE SURE HOUSE/RENTER'S/CAR INSURANCE POLICIES COVER FLOODS, WATER DAMAGE, AND PROPERTY LOSS



HAVE A SUPPLY OF WATER ON HAND



ACCE (**Alliance** of Californians for Community Empowerment) Tenants' Resource Page for Help Getting Storm Damage Repaired-English and Spanish /

ACCE (Alliance of Californians for Community Empowerment) Página de recursos para inquilinos para obtener ayuda para reparar los daños causados por la tormenta: inglés y español

<https://www.acceaction.org/flooding>