Alameda County
COVID-19
Community Advisory Group

COVAX@acgov.org

Meeting 30
December 13, 2022
La siguiente presentación tiene servicio de interpretación al español.

Para iniciar esta función:
1. Haga clic en el icono de Interpretación
2. Seleccione español como idioma

Opcional: Para escuchar solo el audio en español, haga clic sobre “Mute Original Audio”

Live interpretation services are available in Spanish.
INTERPRETATION

Using Closed Captioning

• Click Closed Caption in the controls at the top or bottom of your screen
• After selecting “Closed Caption,” you will see the captioning at the bottom of your screen
• If you need to adjust the caption size
• Click on the arrow next to “stop/start video” and choose “Video Settings”
• Click on “Accessibility”
• Move the slider to adjust the caption size

Como Usar los Subtítulos

• Haga click sobre Closed Caption en los controles arriba en su pantalla
• Después de seleccionar “Closed Caption”, vera los subtítulos al pie de su pantalla
• Si necesita ajustar el tamaño de los subtítulos
• Haga click sobre la flecha cerca de “stop/start video” y elija “Video Settings”
  • Haga click en “Accessibility”
  • Mueva el deslizador para ajustar el tamaño de los subtítulos
AGENDA

1. Welcome
2. Partner Updates
3. County Updates
4. Panel on Social Norms: Follow Up
5. Close Out

Please mute your microphone when not speaking.

Please ask your questions in the chat.
2. Partner Updates
3. County Updates
New Alameda County COVID-19 Cases by episode date

Number of new cases by episode date

Includes City of Berkeley
Source: CalREDIE Data Distribution Portal download December 5, 2022
Alameda County COVID-19 Test Positivity

Percent Positive Tests

- **Low**
- **Moderate**
- **Substantial**

**Date**

- 31-Aug
- 07-Sep
- 14-Sep
- 21-Sep
- 28-Sep
- 05-Oct
- 12-Oct
- 19-Oct
- 26-Oct
- 02-Nov
- 09-Nov
- 16-Nov
- 23-Nov

% positive tests in HPI 1, 7-day rolling average, by specimen collection date
% positive tests, 7-day rolling average, by specimen collection date

Includes City of Berkeley
Source: CalREDIE Data Distribution Portal download December 5, 2022
Patients with COVID-19 Currently Hospitalized in Alameda County

Pacientes con COVID-19 actualmente hospitalizados en el Condado de Alameda

Date

Number currently hospitalized

7-day rolling average (total hosp)

7-day rolling average (ICU)

Total hospitalized

ICU (UCI)

Source: California Department of Public Health
Wastewater Monitoring to 12/7 – East Bay Municipal Utilities District

Concentration Unit: SARS-CoV-2/PMMoV
Data Source: CDPH Drinking Water and Radiation Lab

Cal-SuWers Network Dashboard accessed 12/13/22
Epidemic Data Key Points

- 24 cases per 100,000 residents per day
- 11.4% test positivity
- ~4000 reported lab PCR tests per day
- 167 hospitalized, 19 ICU
- 525 confirmed deaths in 2022 to date
- Moved to CDC "Medium" Community Level on 12/8

Visit the COVID-19 [dashboard](#) for more data
Bivalent Booster Uptake by Age, 12/8/22

![Bar chart showing bivalent booster uptake by age group as of 12/8/22.]

- **All 5+**: 30% uptake
- **5-11**: 10% uptake
- **12-17**: 15% uptake
- **18-49**: 20% uptake
- **50-64**: 35% uptake
- **65+**: 50% uptake

(Through 2022-12-08)
Bivalent Booster Uptake by Race/Ethnicity in Ages 5+, 12/8/22
Percentage of RSV Admissions in Nor Cal Kaiser Facilities, 2017–present

California Weekly Report for Influenza (Flu) and Respiratory Disease Surveillance
California Influenza Activity Levels, November 27 – December 3

**Geographic Area** | **Activity Level**
--- | ---
California Statewide | High
Northern Region | High
Bay Area Region | Moderate
Central Region | High
Upper Southern Region | Moderate
Lower Southern Region | High

[Map showing influenza activity levels across California]
What can residents do about RSV, flu and COVID-19?

- Stay home when sick
- Stay up-to-date on vaccinations
- Keep gatherings smaller and outside or well-ventilated
- Wear masks
- Test for COVID-19
- Have a plan to get treatment
Masking update

• Alameda County Public Health aligned with CDPH mask guidance
• Masking indoors is recommended for vulnerable residents, their household members and anyone who wants more protection
  • At High CDC COVID-19 Community Level masking indoors recommended for all
• At Medium & High COVID-19 Community Levels CDPH requires masking in:
  • Homeless and emergency shelters
  • Heating and cooling centers
  • Correctional and detention facilities
• CDPH requires masking in health care settings at all times
Vaccines Update

• FDA authorized and CDC recommended updated bivalent booster vaccines for children ages 6 months through 4 years

• The updated booster vaccines are now recommended for everyone 6 months and older who is due for a booster
  • Children who have completed 2 of 3 Pfizer primary vaccine series doses will receive the bivalent booster for their 3rd dose

• Vaccine expected to be available in the coming weeks
COVID Division Update
COVID Division Surge Strategies

COVID Investigations
- Prioritize high consequence settings for investigation
- Leverage cross trained staff where needed
- Deprioritize Site Visits with LTCFs
- Increase Technical Assistance to support facilities with outbreaks

Vaccines
- When demand in any one of the modalities or vaccine type (COVID, Flu) increases, other modalities are reduced.

Testing & Treatment
- Increase availability of Home Tests
- Focus on uninsured and underinsured.
- Increase targeted distribution of test kits.
- Utilize mobile vendors for highest priority zip codes and settings (e.g., highest case rates, LTCFs)
COVID Division Focus going into Winter

• Access to Testing
  • Community Testing Interactive Map: Testing | COVID-19 | Alameda County Public Health (acgov.org)
• Access to Therapeutics
• Access to Vaccinations/Boosters for all residents and LTCFs
  • Ongoing community partnerships for PopUp PODs
• Vaccination Calendar: Vaccines Guidance & Resources | COVID-19 | Alameda County Public Health (acgov.org)
• Mask & Test Kit Distribution
• Prevention Work in all settings as possible
• Increased flexibility and integrated services – cross trained staff, access to vaccinations, testing, therapeutics, resources (masks, test kits), flyers
### LTCF Outbreak Data

**AC LTCF New Covid+ Cases among Residents & Staff, Jan 5 to Dec 6, 2022**

<table>
<thead>
<tr>
<th>Reporting period starting Jan 2022 to Dec 2022</th>
</tr>
</thead>
<tbody>
<tr>
<td>Positive new cases among residents</td>
</tr>
<tr>
<td>Positive new cases among staff</td>
</tr>
<tr>
<td>Total positive new cases</td>
</tr>
</tbody>
</table>

More than 104 facilities received follow-up from the LTCF Outbreak team on 12/06/2022, of which 66 were confirmed OBs. An additional 22 facilities with 52 suspect cases in staff only are being followed by LTCF OB group.

Notes: During the two-week period of 05/18/22 - 05/31/22, data is not graphed because it is not available for each week separately. However, data on the combined two-week period is as follows: 550 total reported cases, 329 of which were residents and 234 of which were staff.

Also, due to the large number of cases since the last surge, there has been some backlog and thus data may change as more data gets entered.

September 1, 2020, is the best approximation available for when CalCONNECT was used consistently to collect this data, but it is not exact as there are caveats and nuances.

Source: LTCF OB team reports (data from 11/10/21 and before) and CalCONNECT (data from 11/18/21 and after).

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### LTCF Outbreak Team Data

<table>
<thead>
<tr>
<th>(09/01/2020* – 12/06/2022)</th>
<th>Change from Previous OP (11/30-12/06)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Cumulative</strong></td>
<td></td>
</tr>
<tr>
<td>Residents: 9,529</td>
<td>+229</td>
</tr>
<tr>
<td>Staff: 8,476</td>
<td>+153</td>
</tr>
<tr>
<td>Total: 18,074</td>
<td>+382</td>
</tr>
<tr>
<td>Residents Hospitalized: 947</td>
<td>+23</td>
</tr>
<tr>
<td>Staff Hospitalized: 64</td>
<td></td>
</tr>
<tr>
<td>Total Hospitalized: 1127</td>
<td>+23</td>
</tr>
<tr>
<td>Residents Died: 52</td>
<td>+3</td>
</tr>
<tr>
<td>Staff Died: 8</td>
<td>0</td>
</tr>
<tr>
<td>Total Died: 576</td>
<td>+3</td>
</tr>
</tbody>
</table>

*September 1, 2020, is the best approximation available for when CalCONNECT was used consistently to collect this data, but it is not exact as there are caveats and nuances.*
Active Outbreak Investigations
TEO Pilot Summary

July 1 through Sept 30, 2022

Goal: connect with new cases age 50+; educate, encourage, and facilitate COVID treatment assessment by a medical provider
Treatment Education & Outreach (updated 12.13)

• TEO Team Outreach Calls to Residents 50+
  • Prioritize 10 zip codes first (Vaccine Equity Metric Quartiles 1 & 2)
  • Second priority all remaining zip codes (Vaccine Equity Metric Quartiles 2 & 3)
    o 11.24 - 11.30: 110 cases assigned, 41 interviews, 13 referrals for treatment
    o 12.7 - 12.6: 148 cases assigned, 78 interviews, 21 referrals for treatment

• Cumulative Data through 12.13.22
  o 2770 cases assigned
  o 1226 (44.3 % of assigned records) - interviews fully/partially completed

• Cumulative of those interviewed
  o 710 (57.9%) were eligible for treatment
  o 827 (67.5%) were aware that treatment was available
  o 296 (24.1% of all interviews) verbalized new plan to seek treatment as result of the call
    o (41.7% of eligible interviewees verbalize new plan to seek treatment as result of outreach)
- Follow-up Outreach -

A relatively small sample of cases consent to follow-up call. Though, follow-through with plan for treatment seems positive.

Follow-up calls complete

42

74%

successfully sought treatment after TEO

Note: 51 cases planned to seek treatment but did not want a follow-up call.
- Barriers to Treatment –
Assessing problems with care delivery

Feedback from clients who had already sought treatment prior to initial call *and* from clients who participated in follow-up calls:

<table>
<thead>
<tr>
<th>96 cases</th>
<th>49 cases</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Reported no barriers</td>
<td>• Reported access barrier</td>
</tr>
</tbody>
</table>
### Barriers to Treatment

Client descriptions of type of barrier experienced
(further descriptions on following slides)

<table>
<thead>
<tr>
<th>#</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>20</td>
<td>Perceived denial of treatment</td>
</tr>
<tr>
<td>10</td>
<td>Difficulty seeing PCP</td>
</tr>
<tr>
<td>8</td>
<td>Difficulty filling Rx</td>
</tr>
<tr>
<td>8</td>
<td>Difficulty starting Rx course</td>
</tr>
<tr>
<td>3</td>
<td>Difficulty completing course</td>
</tr>
</tbody>
</table>
- What is ACPHD doing in Response to Barriers -
  Assessing problems with care delivery

- Cases unable to receive care from PCP directed to CA COVID Telehealth Line
- Providing cases with printed materials to take with them to provider appointment
- Trainings on treatment to community partners
- Medical provider education (initiative)
- Providing feedback to Healthcare/Hospital systems when problems reported
Access to COVID Therapeutics

1) Working on all COVID related messaging to include CA COVID Telemedicine Line (Sesame Care)
   • Tested Positive? **Call your doctor** to get life-saving medications
   • **No doctor?** call 833-686-5051 [https://sesamecare.com/covidca](https://sesamecare.com/covidca) or
   • Call COVID Community Support 510-268-2101 ncov@acgov.org
     • for *medications* at no cost and
     • for *answers* to your questions and help getting medications.

1) Adding messaging to the "**Have a COVID Plan**" - mask, avoid crowds, get vaccinated/boosted, have tests at home and talk with your doctor **before** you test positive to be able to act fast to get medicine.

2) Therapeutics Coordination – working across the Department and CBOS to increase spread of messaging on the value of therapeutics and how to access. Efforts include distributing home tests with messages about what to do when you test positive.
COVID Division Beyond March

- Shift from an Emergency Response
- Downscale and Integrate into DCDCP
- CR Partner Coordination
- Community Health Education
- Changing Social Norms
- Integrating other Services at Direct Services Sites
4. Panel on Social Norms: Follow-Up
Recap: November COVID-19 Panel

Where we are headed: moving from emergency response to an ongoing public health response with community resilience.

Thank you to Serenity House, Tiburcio Vasquez Health Center & Umoja for serving as panelists!
Recap: What our panelists shared

• Messaging changed often and wasn’t always timely
  • ACPHD logo on collateral can impede messaging
• There are hurdles to organizations embedding in community while maintaining community self-determination
• How can we work toward increasing health literacy that messages how hard the winter will be for families?
Recap: What our panelists shared (Cont’d)

- We have to model behavior for the communities we serve and show them that they are not alone.
- Meet people where they are at so that they can make decisions; we will help regardless of that decision.
- Distrust of government is present.
  - Structural oppression has discouraged people; we can affirm people that they have more agency than they think
Panel Discussion—COVID-19 and Social Norms

We would like to continue the conversation.

What can we (PHD + community partners) do to change social norms in our communities and encourage protective behaviors going forward? What should we prioritize?
Panel Discussion—COVID-19 and Social Norms

• Where have we (PHD + community partners) worked well together?

• Who else should we talk to and be hearing from related to social norms? Where do those conversations take place?
5. Close Out—Preview for Next Meetings
THANK YOU!

COVID-19 Vaccine
covid-19.acgov.org/vaccines
(510) 208-4829

COVID-19 Testing
covid-19.acgov.org/testing

@Dare2BWell

WAYS TO STAY INFORMED

Community Advisory Group (CAG)
2nd Tues. of the month, 5:30-7:00 PM; next on 1/10/23
covid-19.acgov.org/community-advisory-group

Public Health Commission
2nd Thurs. of the month, 6:00-8:00 PM; next on 1/12/23
acphc.wordpress.com

Health Care Services Agency (HCSA)
COVID-19 Updates
Includes presentations & newsletters
covid-19.acgov.org/response

COVID-19 Testing
covid-19.acgov.org/testing
Check Your Health.

- Get boosted

Stay healthy this season.

GET WELLNESS TIPS

ALAMEDA COUNTY HEALTH CARE SERVICES AGENCY

Free Health Resources.

- Staying healthy can be free

GET THE LIST

Staying Healthy Can be Free.

- Low-cost or no-cost care options
- Telehealth appointments
- Physical and mental health care

GET THE LIST

ALAMEDA COUNTY HEALTH CARE SERVICES AGENCY

Easy Steps to Stay Well.

- Wear high-quality mask

GET OUR TIPS

Spread Joy, Not Germs.

- Wash your hands
- Wear a mask
- Gather outdoors

GET OUR TIPS

Alameda County Health Care Services Agency

Alameda County Public Health Department
Celebrating Healthy People in Healthy Communities
Digital Resources (Wellness Checklist)

Share the Season, Not Sickness

Through health care providers, the State, or Alameda County, there are resources available to everyone, regardless of insurance status. We’ve created a simple and easy checklist to help ensure your health and wellness this winter. Now is the time to make sure you’re healthy before this holiday gathering season.

Winter Wellness Checklist

Below is your checklist to stay healthy this winter.

- Stay home if you feel sick.
- Talk to a doctor about staying up-to-date on routine recommended vaccines.
- Get vaccinated against the flu.
- Get boosted against COVID-19.
- Take a rapid COVID-19 test prior to gathering with family or elderly people. If you don’t have test kits at home, find a community testing location near you.
- If you test positive, stay home and contact your health care provider right away to get treatment. Don’t wait until symptoms get worse.
- Gather in small groups and outdoors if possible.
- Keep rooms well ventilated.
- Accommodate the highest-risk person at your gathering.
- Wear a high-quality, well-fitting mask indoors.
- When traveling, wear a well-fitted mask—any mask is better than nothing.
- Wash your hands to protect yourself against the common cold or respiratory viruses.
- Pay attention to your mental health.

Check Your Health, Alameda County!

BeWell.acgov.org

Downloadable in English, Spanish, Chinese, Tagalog
Access to COVID Therapeutics (Treatment)
Acceso a la terapéutica COVID (Tratamiento)

TESTED POSITIVE? NEED TREATMENT? NO DOCTOR?
¿HA DADO POSITIVO? ¿NECESITA TRATAMIENTO? ¿NO HAY MÉDICO?
Sesame Care: 833-686-5051 | https://sesamecare.com/covidca

• California COVID Telemedicine Line for FREE virtual health screenings and FREE prescriptions (Paxlovid or molnupiravir) / Línea de telemedicina COVID de California para realizar exámenes de salud virtuales y prescripciones GRATUITAS (Paxlovid o molnupiravir)
• Appointments in English & Spanish, interpretation line for other languages / Citas en inglés y español, línea de interpretación para otros idiomas

HAVING TROUBLE OR HAVE OTHER QUESTIONS?
¿TIENE PROBLEMAS O TIENE OTRAS PREGUNTAS?
ACPHD COVID Community Support : 510-268-2101 | ncov@acgov.org