



COVID-19 Vaccine Facts



VACCINES PROTECT FROM THE WORST OUTCOMES OF COVID.

- COVID-19 vaccines reduce your risk of getting very sick from COVID-19, ending up in the hospital, or dying. It also lowers your risk of getting long COVID.
- The Pfizer and Moderna COVID-19 vaccines have been updated to protect against more recent variants of the virus.

VACCINES ARE AVAILABLE FOR EVERYONE

- COVID-19 vaccines are **free** even if you don't have insurance.
- You will not be asked about your immigration status.



EVERYONE 6 MONTHS AND OLDER SHOULD GET AT LEAST ONE UPDATED COVID-19 VACCINE DOSE

- **Anyone ages 6 years and older** who already got an updated vaccine dose is up to date. The following people may get additional doses:
 - **Adults ages 65 years or older** can get a second updated dose, at least 4 months after their first updated dose.
 - **People who are immunocompromised** can get additional updated doses. Talk to your doctor about what schedule is best for you.
- **People who are unvaccinated** should get ONE dose of updated vaccine now.
- **People who are vaccinated** but have not had an updated vaccine should get one at least 2 months after their last vaccine dose.
- **Children ages 6 months through 5 years** may need multiple doses of vaccine, including at least one updated dose. The number of doses depends on their age and which vaccine(s) they already received.
- Everyone should get vaccinated even if they are pregnant or breastfeeding or have had COVID-19.
- **For more information about COVID-19 vaccines, please visit the [CDC](#) and [Vaccinate ALL 58!](#) websites.**

Note: The original Novavax vaccine is available for people age 12+ and as a booster for people ages 18+ in [some situations](#). The J&J vaccine is no longer available in the U.S.





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HOW TO GET A VACCINE

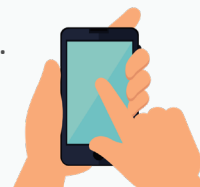
To find a location for vaccination, you can:

- Visit covid-19.acgov.org/vaccines.page or call (510) 268-2101
- Call 2-1-1 or ask your doctor or local pharmacist

Some sites are open weekends and evenings and don't need an appointment.

Free transportation and in-home vaccination are available.

Minors need consent from their parent or legal guardian to get vaccinated.



SERIOUS SIDE EFFECTS ARE RARE.

Side effects are a sign that your immune system is building protection. They may affect your ability to do some daily activities but should go away within a day or two of getting vaccinated. Common side effects include:

- Pain, swelling and redness where the vaccine was given
- Joint pain, swollen lymph nodes, fever, chills, headache, and feeling tired
- Young children: crying, fussiness, sleepiness, and loss of appetite.

Serious side effects are rare.



COVID-19 VACCINES ARE SAFE AND EFFECTIVE.



- You cannot get COVID-19 from the vaccine. None of the vaccines contain the virus that causes COVID-19.
- Since December 2020, **hundreds of millions of people** have safely received a COVID-19 vaccine.
- The vaccine has been carefully studied, including in people of color, older adults, children and people with medical conditions and found to be **safe and effective**.
- COVID-19 vaccines continue to go through the **most intensive safety monitoring** in U.S. history.
- There is no evidence that COVID-19 vaccines cause fertility problems. They are safe for pregnant people and are recommended by pregnancy experts.

This information is based on:

<http://publichealth.lacounty.gov/media/Coronavirus/docs/vaccine/VaccineFacts.pdf>



ALAMEDA COUNTY HEALTH CARE SERVICES AGENCY
PUBLIC HEALTH DEPARTMENT