WHAT TO EXPECT IF YOUR TEST IS NEGATIVE

If your test is negative and you know that you had close contact with a person with COVID-19, please quarantine for 14 days after your last exposure to the person. It can take 2-14 days for symptoms to appear.

However, anyone who has had close contact with someone with COVID-19 and who meets the following criteria does **NOT** need to stay home.

• Someone who has been fully vaccinated and shows no symptoms of COVID-19. *However*, fully vaccinated people **should** get tested 3-5 days after their exposure, even they don't have symptoms and wear a mask indoors in public for 14 days following exposure or until their test result is negative.

OR

- Someone who has COVID-19 illness within the previous 3 months AND
- Has recovered AND
- Remains without COVID-19 symptoms (for example, cough, shortness of breath)

Stay home if you're sick, continue to wear a mask and keep physical distance from anyone you don't live with to avoid spreading COVID-19

For more information about isolation or quarantine, <u>https://covid-19.acgov.org/isolation-quarantine</u>



ALAMEDA COUNTY HEALTH CARE SERVICES AGENCY PUBLIC HEALTH DEPARTMENT

Colleen Chawla – Agency Director Kimi Watkins-Tartt – Director Nicholas Moss, MD – Health Officer







Contact

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COVID-19 Information: (510) 268-2101

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