



HEALTH OFFICER ORDER FOR THE CONTROL OF COVID-19 No. 20-05f

Public Health Emergency **Isolation** Order

Date Order Issued: April 3, 2020, amended May 4, 2020, June 8, 2020, July 27, 2020, October 21, 2021 and January 7, 2022.

This Order is in effect until rescinded in writing by the Health Officer.

SUMMARY OF THE ORDER

California is in a State of Emergency because of the COVID-19 pandemic. The spread of Novel Coronavirus (COVID-19) is a substantial danger to the health of the public within the County of Alameda. COVID-19 can easily spread between people who are in close contact with one another. This Order is issued based on scientific evidence and best practices as currently known and available to protect vulnerable members of the public from avoidable risk of serious illness or death resulting from exposure to Coronavirus Disease 2019 (COVID-19). The age, condition, and health of a significant portion of the population of the County of Alameda (“County”) places it at risk for serious health complications, including death, from COVID-19. There is growing evidence of transmission risk from infected persons before the onset of symptoms, and from some people who do not show any symptoms. Thus, all individuals who contract COVID-19, regardless of their level of symptoms (none, mild or severe), may place other vulnerable members of the public at significant risk. To help slow COVID-19’s spread, protect vulnerable individuals, and prevent the healthcare system in the County of Alameda from being overwhelmed, it is necessary for the Alameda County Public Health Department (“Public Health”) to isolate persons with COVID-19.

UNDER THE AUTHORITY OF THE CALIFORNIA HEALTH AND SAFETY CODE SECTIONS 101040, 101085, AND 120175, THE COUNTY OF ALAMEDA HEALTH OFFICER ORDERS:

All individuals who have been diagnosed with or are likely to have COVID-19 must isolate themselves. These persons are required to follow all instructions in this Order and the Public Health guidance documents referenced in this Order.

Violation of this Order is a crime, punishable by a fine of up to \$10,000 and/or a year in jail. (Health & Saf. Code §§ 120295 et seq.; Cal. Penal Code §§ 69 & 148)

Isolation Requirements for Individuals Diagnosed with or Likely to Have COVID-19

All individuals who have been diagnosed with or are likely to have COVID-19 must immediately comply with CDPH’s [Guidance for Local Health Jurisdictions on Isolation and Quarantine of the General Public](#) except as specified below:

- A. A 10-day isolation period following the date of symptom onset OR date of the first positive test if asymptomatic remains the safest option.
- B. Testing on Day 5 or later to end isolation after 5 days or any time before 10 days is recommended but not required. Antigen testing is preferred. If the test is positive, the individual must complete the full 10-day isolation period.



- C. Healthcare providers at licensed acute care hospitals, psychiatric hospitals and skilled nursing facilities must follow the guidance outlined in [AFL 21-08.6](#). Healthcare providers in other settings should follow the CDC’s [Interim Guidance for Managing Healthcare Personnel with SARS-CoV-2 Infection or Exposure to SARS-CoV-2](#).
- D. Staff of Adult and Senior Care (ASC) licensees must follow the guidance outlined in [PIN 21-23-ASC](#).
- E. Staff in correctional and detention facilities are strongly recommended to isolate for 10 days.
- F. Residents in Correctional and Detention Facilities must isolate for 10 days.
- G. Residents in Shelters for Unhoused Persons are recommended to isolate for 10 days.
- H. Residents in any congregate residential setting must isolate for 10 days on a case-by-case basis if instructed by the Health Officer.
- I. Other state or federal laws or regulations may apply, including but not limited to workplace safety regulations, which require restrictions or exclusions from work for persons with COVID-19. Nothing in

This Order supersedes all prior orders of the County of Alameda’s Health Officer regarding isolation requirements.

This Order shall become effective at 11:59 p.m. on January 7, 2022 and will continue to be in effect until rescinded, superseded, or amended in writing by the Health Officer.

Copies of this Order shall promptly be: (1) made available at the County Administration Building at 1221 Oak Street, Oakland, California 94612; (2) posted on the County Public Health Department’s website; and (3) provided to any member of the public requesting a copy of this Order.

If any provision of this Order or its application to any person or circumstance is held to be invalid, the remainder of the Order, including the application of such part or provision to other persons or circumstances, shall not be affected and shall continue in full force and effect. To this end, the provisions of this Order are severable.

The Health Officer may take additional action(s), which may include civil detention or requiring one to stay at a health facility or other location, to protect the public’s health if an individual who is subject to this Order violates or fails to comply with this Order. Violation of this Order is also a misdemeanor punishable by imprisonment, fine or both.

IT IS SO ORDERED:

Dr. Nicholas J. Moss
Health Officer, County of Alameda

January 7, 2022

Date