Guidance for Symptoms after Vaccination
What to do if students or staff have symptoms after COVID-19 or flu vaccines

This guidance is for students or staff with symptoms who have received a COVID-19 and/or flu vaccine in the prior 72 hours and have NOT had a close contact with a COVID-19+ person during the previous 14 days.

- Students or staff who have symptoms after vaccination and are within 14 days of a close contact should be excluded from school/activities/work and get tested for COVID-19.
- Students or staff with symptoms that begin more than 72 hours after vaccination should be excluded from school/activities/work and get tested for COVID-19.

**Symptoms of COVID-19 in the first 72 hours after vaccination**

Any of the following (even if mild):
- Fever
- Cough
- Difficulty breathing
- Congestion or runny nose*
- Sore throat*
- Vomiting or diarrhea
- Loss of taste or smell

**Mild symptoms limited to:**
- Fatigue
- Headache
- Chills
- Muscle or joint pain
- Nausea

(If any of the symptoms are moderate to severe, stay home until they improve.)

**Stay home from school/activities/work**

If fever only, you can return to school/activities/work after 24 hours with no fever without use of medication (e.g. Motrin).

For other symptoms, get tested for COVID-19. If the test is negative, you can return to school/activities/work when symptoms improve or as indicated by your healthcare provider.

These symptoms have only occurred since receiving vaccine(s).

**Can remain in school/activities/work**

If symptoms persist for more than 2 days, stay home from school/activities/work and get tested for COVID-19.

*If you develop one of the starred symptoms after receiving the intranasal flu vaccine only, you may remain in school/activities/work if your symptoms are mild.

If symptoms persist for more than 2 days, stay home from school/activities/work and get tested for COVID-19.

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**ALAMEDA COUNTY HEALTH CARE SERVICES AGENCY**
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