

# How to get free COVID-19 self-test kits



Rapid antigen COVID-19 self-tests provide accurate results within minutes and are most effective when you have symptoms and test frequently. Plan ahead to have tests at home before you get sick. Here are some ways you can get free self-test kits.

## If you have health coverage

### Reach out to your healthcare provider

Your health care/insurance provider is required to offer a certain number of free tests monthly or reimburse for those tests. Tests may also be FSA/HSA-eligible. Contact your health care or insurance provider to learn more.

[Anthem Blue Cross](#) | [Blue Shield of California](#) | [Healthnet](#) (Under “At-Home COVID-19 Tests”)  
[Kaiser Permanente](#) | [Sutter Health](#)

### Visit participating local Medicare pharmacies

Medicare members can visit [Medicare.gov](#) for participating pharmacies. Must present your Medicare ID card at the pharmacy counter.



### Contact Medi-Cal Rx

Medi-Cal member may visit [bit.ly/Medi-CalRx](https://bit.ly/Medi-CalRx) or call 800-977-2273 to locate an in-network pharmacy to obtain self-test kits at no cost. See details on the State Medi-Cal website for how to submit a claim.



## If you do not have health coverage

You can get free self-test kits at any Alameda County Community Testing Site. Community Testing Sites offer free-of-charge rapid antigen and PCR testing across the county. Each testing site location provides free FDA-approved COVID-19 self-testing kits upon request\*. Find a nearby testing location here: [bit.ly/Testingmap](https://bit.ly/Testingmap)

\*while supplies last; daily limit may apply

**For more information about COVID-19 self-test kits, call the Community Support Line at 510-268-2101 or email [ncov@acgov.org](mailto:ncov@acgov.org)**

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