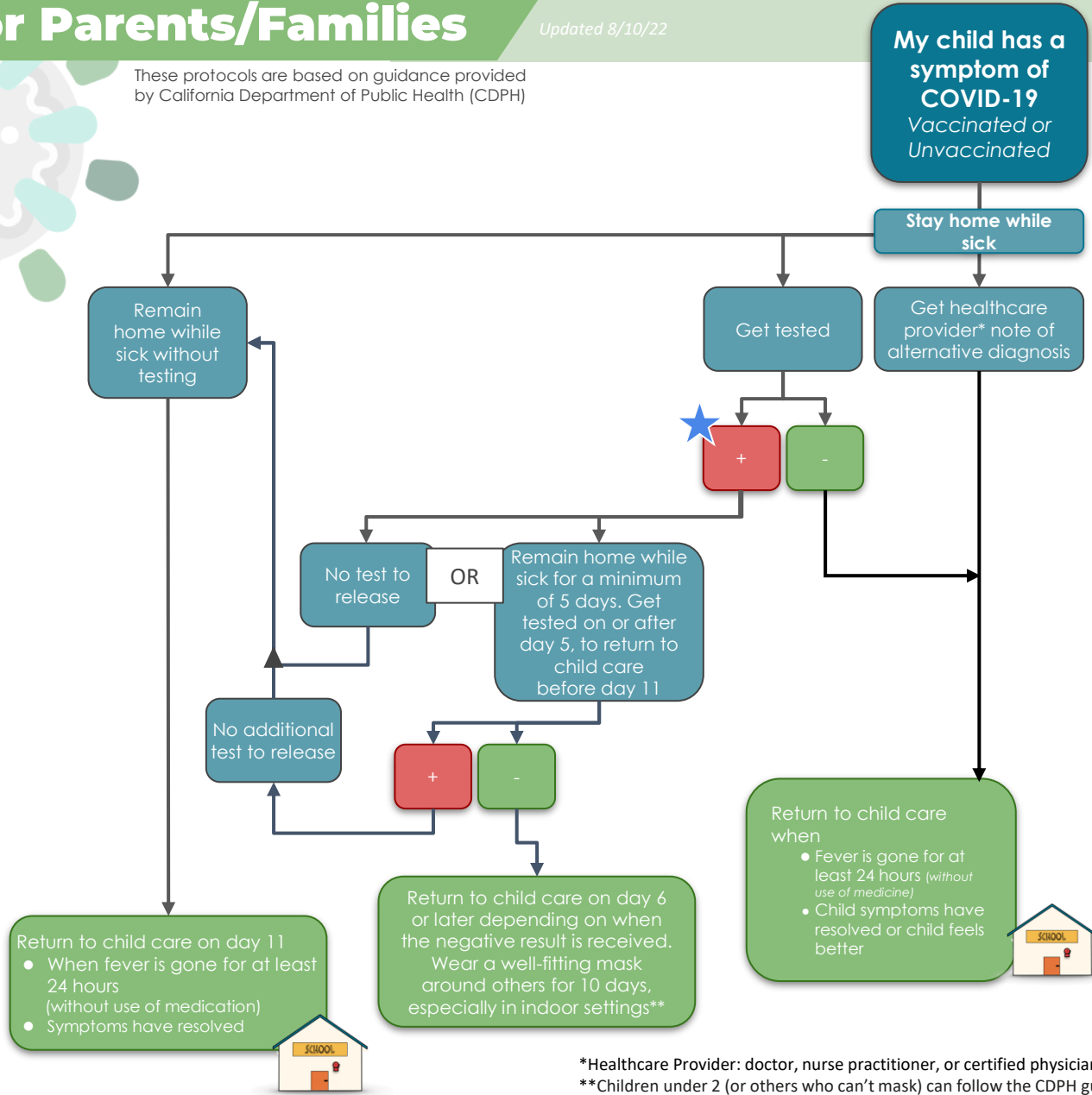


# COVID-19 Flowchart for Parents/Families

Begin with the teal box and follow the arrows, answering the questions for your situation.

Updated 8/10/22

These protocols are based on guidance provided by California Department of Public Health (CDPH)



## KEY DEFINITIONS

### COVID -19 Symptoms

- Fever or chills
- Sore throat
- Cough
- New loss of taste or smell
- Headache
- Nausea or vomiting
- Diarrhea
- Shortness of breath or difficulty breathing
- Congestion or runny nose
- Fatigue
- Muscle or body aches



For all scenarios, wear a well-fitting mask around others at all times, especially indoors, for 10 days after exposure, showing symptoms, or a positive test.\*\*

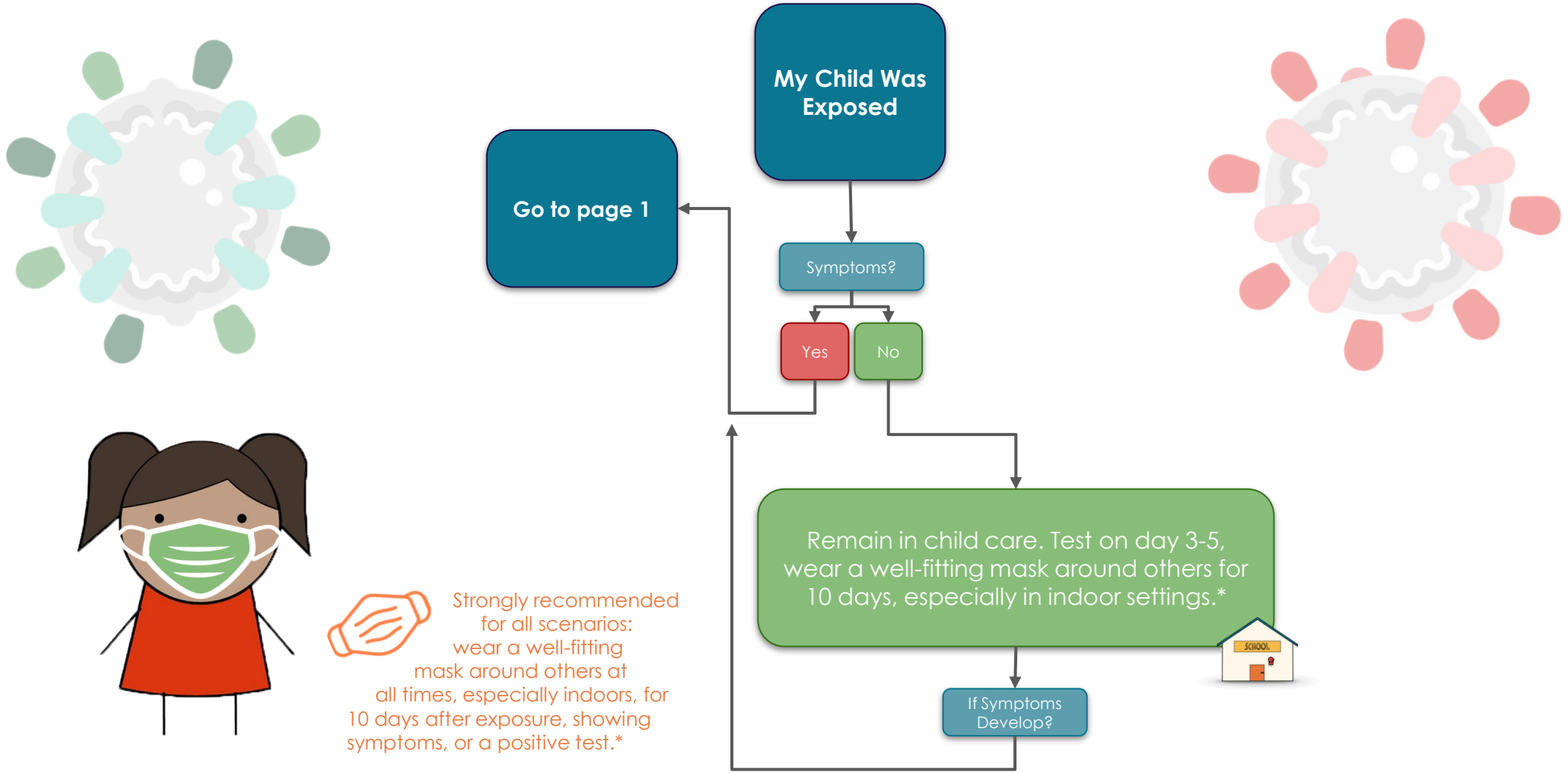
\*Healthcare Provider: doctor, nurse practitioner, or certified physician assistant  
\*\*Children under 2 (or others who can't mask) can follow the CDPH guidance for shortened isolation, but we strongly recommend that child care providers have documentation of a negative test Day 5 or later prior to returning to child care.




# COVID-19 Flowchart for Parents

Updated 8/10/22

These protocols are based on guidance provided by California Department of Public Health (CDPH)



 Strongly recommended for all scenarios: wear a well-fitting mask around others at all times, especially indoors, for 10 days after exposure, showing symptoms, or a positive test.\*

\*Children under 2 (or others who can't mask) can follow the CDPH guidance for shortened isolation, but we strongly recommend that child care providers have documentation of a negative test Day 5 or later prior to returning to child care

**Note:** Persons infected within the prior 90 days do not need to be tested unless symptoms develop.

