

CORONAVIRUS UPDATES

Get the latest news from our Public Health Department

Week of July 26

Alameda County Health Care Services Agency Update

Please share with your networks

Alameda County has reached a milestone with [1 million](#) residents fully vaccinated against COVID-19! More than 70% of eligible residents age 12 and older are fully vaccinated, and more than 84% have received at least one dose. We encourage residents who missed their second dose to call 510-208-4VAX to schedule an appointment, or drop by



Alameda County supported [Community Points of Dispensing](#). Individuals can also visit a pharmacy or contact their health care provider.

The CDC has [updated its recommendations](#) for masking, and now encourages everyone to mask in public indoor settings, regardless of vaccination status. The California Department of Public Health has also aligned with CDC recommendations, and Alameda County had issued similar recommendation on 7/16. Unvaccinated individuals should mask in all settings.

This week, the State also [announced](#) measures to encourage State employees and health care workers to show proof of vaccination or get tested weekly. The new [State Health Officer Order](#) covers three categories:

- Acute Health Care and Long-Term Care Settings
- High-Risk Congregate Settings, and
- Other Health Care Settings

The new policy for State workers takes effect August 2 and health care workers and congregate facilities will take effect August 9.

Alameda County is aligned with Cal-OSHA's [Emergency Temporary Standards](#) for vaccination, which require employers to document the vaccination status of their employees. We encourage employers to utilize the State's [toolkit](#) to educate employees about vaccine. Resources include:


- Vaccination support [models](#)
- Submitting a mobile clinic [request](#), and
- [Promoting](#) COVID-19 vaccines

Please visit our COVID-19 response page to view this week's Board of Supervisors [update](#). We appreciate your readership, encourage your feedback, and ask that you share this information with others asking for guidance and resources.

[Alameda County Dashboard](#)

[Public Health Department Website](#)

Direct Outreach to our Residents



Vaccination Protects Everyone
No ID? No problem.


COVID-19 Vaccine
Safe • Effective • Free

Vaccine Eligibility
Everyone aged 12+

Vaccine Options
All 3 vaccines (Pfizer, Johnson & Johnson, and Moderna) are available at most sites!

Getting Vaccinated
No more lines! Appointments are suggested but not required. Scan the QR Code to make an appointment or drop in at a vaccine site listed below. **In home vaccinations are available for the homebound!**

For more information, call 510-208-4VAX (4829)



The Direct Outreach to Our Residents (DOOR) program recently launched as a collaboration with our agency, Kaiser, and neighborhood-based community organizations. The program focuses on door-to-door outreach across 23 census tracts with the lowest vaccination rates and highest number of unvaccinated African-American/Black or Latino/a/x residents.

Partner CBOs train and employ people from the neighborhood to knock on doors, provide information about vaccine availability, share their own experience with vaccination, and offer multilingual and online resources. Our Public Health Department provides training to the outreach teams and doorhangers with QR codes that link up-to-date information and community resources, testing sites, and nearest vaccination sites. The DOOR teams also

document reasons why people are not interested in vaccination, and we use that information to refine messaging and outreach. Teams are currently covering about half of the identified census tracts from Newark to West Oakland, with launch in Livermore expected soon.

Vaccine and Testing to End the Pandemic



The CDC recommends the vaccine for everyone 12+

The known benefits of the vaccine outweigh the potential risks.

ALAMEDA COUNTY HEALTH CARE SERVICES DEPARTMENT

New CDC guidance recommends **fully vaccinated** people [get tested](#) 3-5 days after exposure to someone with suspected or confirmed COVID-19, and to wear a mask in public indoor settings for 14 days or until they receive a negative test result.

Full vaccination remains the best protection against severe illness, hospitalization, and death due to COVID-19.

Non-vaccinated individuals who have not been fully vaccinated and have close contact with someone who has tested positive for COVID should [get tested](#).

Proof of vaccination. Visit the [Digital COVID-19 Vaccine Record](#) site to request your digital

Employers may require testing,

vaccination card and visit our [Frequently Asked Questions](#) for more information.

Replacement vaccination cards. If you were vaccinated at an Alameda County supported site, you can visit a n y [currently open location](#) for assistance. If you were vaccinated elsewhere, we recommend you contact your health care provider or visit the location where you received your vaccination.

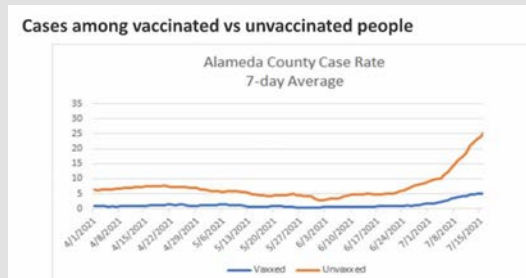
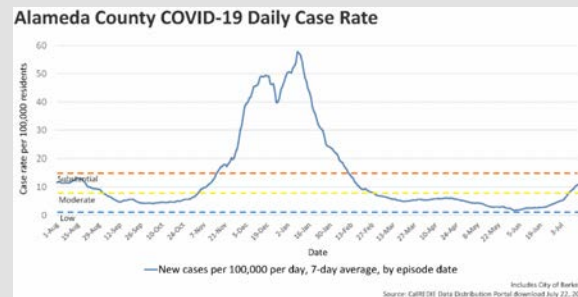
especially in workplaces with a known high risk for infection. More info about workplace testing [here](#).



COVID-19 Data Update as of July 22

Reflecting 7-day average and 7-day lag:

- Daily case rate 10.9 per 100,000
- Averaging 300+ cases daily
- Test positivity 7%
- HPI first quartile 4.2%
- 127 patients, 37 ICU
- Testing increased ~6,200 per day



Case increases are occurring in settings where different households mix and people are unvaccinated. COVID-19 cases have also been identified in elementary, middle, and high school students including middle and high school sports. We encourage students engaged in sports activities to get regular testing. Eligible students age 12+ can visit

our [youth facts](#) webpage for more information on vaccination.

New Mental Health Guide from Listos and The Surgeon General

[Listos California](#) has created a [First Aid Kit for Your Mind](#) to help individuals maintain mental well-being. The First Aid Kit for Your Mind offers simple, no-cost tools to assess signs of stress and learn what works to feel better. Recommendations include:

- Connecting with family and friends for strength and solace
- Exercise, healthy food, mental quietness, and good sleep to build resilience
- Reaching out for help to speed recovery

Visit the website to [learn more](#) about Listos California.



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