Public Health - Emergency Medical Services - Behavioral Health - Environmental Health Homeless Care & Coordination - HealthPAC - Center for Healthy Schools & Communities



Week of June 28

Alameda County Health Care Services Agency Update

Please share with your networks

Two weeks ago, the State lifted the Blueprint for a Safer Economy and Alameda County, along with counties across the state, lifted its Shelter in Place order and fully aligned with the State's guidance on masking, mega-events, schools and workplaces.

Alameda County is seeing a slight increase in COVID-19 cases.

With more businesses and activities open and more people socializing with other households, these increases in cases are not unexpected and reinforce the urgent need to continue COVID-19 vaccinations and precautions to prevent severe illness, hospitalization, and death. The pandemic is not over and COVID-19 is still circulating in our communities.

Alameda County is aligned with the <u>State's mask mandate</u> and, in most settings, fully vaccinated residents are not required to wear a mask indoors. If you are not fully vaccinated, masks are required in indoor public settings and businesses. For unvaccinated individuals, the <u>CDC also recommends wearing a mask in outdoor crowded settings</u> where physical distancing isn't possible. If you don't know the vaccination status of those around you, wear a mask. Organizations and businesses may also be more restrictive on masking than the State and all residents should keep masks with them in case they are asked to put them on.

We will continue publishing biweekly and you can visit our COVID-19 response page to view presentations to our Board of Supervisors including this week's <u>update</u>. We appreciate your readership, encourage your feedback, and ask that you share this newsletter with others.

Alameda County Dashboard

Public Health Department Website

Protect Yourself, Your Loved Ones, Your Colleagues - Get Vaxed

Ensuring Alameda County residents are fully vaccinated is a priority and vaccine is widely available. Completing the second dose of a two-dose vaccine series (Pfizer,

Moderna) is critical to getting the full benefits of the vaccine. Vaccine is safe, effective, free, and widely available. We encourage anyone 12 and older who hasn't been vaccinated, or missed their second dose, to call our vaccine phone line (510-208-4VAX) to schedule an appointment. Individuals can also drop by a n y of our Alameda County-supported



<u>Community Points of Dispensing</u> or visit a local pharmacy or their health care provider.

Myocarditis: What You Need to Know



More than 177 million people have received at least one dose of COVID-19 vaccine in the United States, and the Centers for Disease Control (CDC) continues to monitor the safety of COVID-19 vaccines for any health problems that happen after vaccination. There have been cases of myocarditis (inflammation of the heart muscle) and pericarditis (inflammation of the sac around the heart) mostly among youth and

young adults after getting the Pfizer or Moderna vaccine. Please note: Pfizer is currently the only vaccine approved for people under 18.

These cases have been mostly in male teens and young adults (age 16 years or older) within a few days of getting the second dose of vaccine. Most of the individuals who received care responded well to medicine and rest and quickly felt better. People should seek medical attention right away if they have any of the following symptoms within a week of receiving the Pfizer or Moderna vaccine:

- Chest pain.
- Shortness of breath.
- Feelings of having a fast-beating, fluttering, or pounding heart.

People can also get myocarditis and pericarditis with COVID-19 infection. The CDC and its partners are actively monitoring reports of myocarditis and pericarditis by reviewing data and medical records. Safety monitoring systems are in place to collect information if more cases are detected.

The CDC, the American Heart Association, the American Academy of Pediatrics, and others <u>still recommend</u> that anyone 12 and over get vaccinated as the benefits far outweigh the risks. For more information, please visit the <u>CDC Myocarditis and Pericarditis Following mRNA COVID-19 Vaccination</u> webpage.

Delta Variant Cases

There have been 52 Delta variant cases reported among Alameda County residents. Genetic sequence information on cases is limited and no conclusions about local epidemiology should be made from this data.

Vaccination remains the best protection against severe illness, hospitalization, and death due to COVID-19. Completing the second dose of a two-dose vaccine series (Pfizer, Moderna) is critical to getting the full benefits of the vaccine. Vaccine is safe, effective, free, and widely available.

COVID-19 Data Update

7 - Day Average and 7 Day Lag Data as of June 26, 2021





1.1% overall test positivity rate



4,500+ testing 7-day average



2.2 adjusted case rate per 100,000



1.0% lowest HPI quartile test positivity



42 patients hospitalized 15 patients in ICU

Gun Violence: A Public Health Crisis



This week, the Alameda County Board of Supervisors passed a resolution declaring gun violence to be a public health crisis. Our agency supports this action noting the extreme outcome of death from gun violence disproportionately affects Black and Brown communities. Concentrated poverty, poor educational outcomes, early and repeated

trauma, lack of access to preventative mental health support, and repeated and inappropriate contact with the justice system play a role in disproportionate community violence and overall poor health outcomes. Racism, sexism, homophobia, transphobia, classism and other forms of marginalization also drive violence and undermine the fabric of our communities.

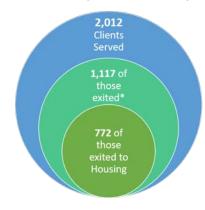
Our Agency employs several strategies to help prevent violence and we look forward

to additional partnerships to respond to this crisis and measurably improve outcomes for our communities. We offer a mix of programs that specifically seek to interrupt the cycles of violence and early interventions that promote overall health and wellness among at-risk populations and communities. Our programs focus on health, mental health, housing stability, and other factors that we know can be drivers of different types of violence. As we leverage work already underway in our Agency to support the goals of the Board's declaration, we are committed to partnerships with community leaders and other agencies to address this crisis.

Alameda County Finds Stable Housing for Nearly 800 Residents

Our Office of Homeless Care and Coordination (OHCC) has helped 772 people move into housing through the County's Project Roomkey hotel program, established in March of 2020 by our Agency and the Social Services Agency (SSA). A team of county and provider agency partners helped more than has 3,000 residents during the pandemic, in either isolation and quarantine sites or in sites to assist people at highest

ALL CLIENTS (Hotels + Trailers)



risk for complications from COVID-19. Roomkey programs assisted more than 66% of high-risk people who were temporarily housed through the program to transition to more stable housing.

HCSA is continuing this effort through the state's Homekey program in collaboration with the General Services Agency and the Community Development Agency. Alameda County purchased the former Comfort Inn and Days Hotel in Oakland to be converted within two years to permanent supportive housing. We are also building partnerships with property owners to end homelessness in the county. While temporary housing in hotels and motels provides short-term respite, we continue looking for safe and stable housing for the longer-term. Property owners interested in leasing a unit can contact ACHomes@acgov.org or call 510-777-2100.

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Weekly Update PDF Version







