

AGENCY UPDATE

Public Health - Emergency Medical Services - Behavioral Health - Environmental Health Homeless Care & Coordination - HealthPAC - Center for Healthy Schools & Communities

Week of September 12, 2022









Please share with your networks

This past Labor Day weekend, California experienced a historic heat wave, and in September, we observe Suicide Prevention Month and Disaster Preparedness Month. We are reminded of the importance of checking in with ourselves and vulnerable family, friends, and neighbors to ensure steps are taken to protect our health. See Suicide Prevention Month

We encourage you to learn more about how to stay safe during an emergency and sign up for AC Alert to receive emergency alerts.

One of the best things you can do to protect yourself and your family from severe illness is to stay up to date on vaccinations. Due to the pandemic, many children are behind on their routine vaccinations, and flu season is just around the corner. Everyone ages 12 and older is now eligible for an updated COVID-19 booster. See **Updated COVID-19 Boosters**

Lastly, today begins Hispanic Heritage Month, and we honor the culture and contributions of our Latinx community. We are proud to serve Alameda County's diverse population and acknowledge the pivotal role diversity plays in the community.

Expanded Eligibility for MPX Vaccine and Second Doses

To reach more residents who are part of communities most impacted by the local MPX epidemic, eligibility for MPX vaccine was expanded to include <u>all</u> gay and bisexual men, trans people, or any man who have sex with men or trans people. Second doses of the MPX vaccine are now available. Anyone who received a first dose of the MPX vaccine at least 28 days ago should now get their second dose. If more than 28 days have passed since a person received their first dose of the MPX vaccine, they don't need to restart or add doses to



the vaccine series. Newly eligible Alameda County residents or those who need their second dose should contact their health care provider or visit a community clinic operated in partnership with Alameda County. Visit mpx.acgov.org/vaccine for vaccination locations.

Updated COVID-19 Boosters



Alameda County residents can schedule appointments with health care providers and major pharmacies to receive the new, free COVID-19 updated booster vaccinations. Everyone 12+, for Pfizer and 18+ for Moderna, is eligible for updated boosters at least two months after their last dose of COVID-19 vaccine. The

updated boosters are "bivalent," meaning they target the original coronavirus strain and the Omicron subvariants. Everyone is encouraged to stay up to date on their COVID-19 and other routine vaccinations. Contact your medical provider or local clinic for an updated booster appointments or book through https://myturn.ca.gov/.

Suicide Prevention Month

In observance of National Suicide Prevention Month, Behavioral Health Care Services is engaging health professionals and the general public on suicide prevention and the warning signs of suicide while reducing the stigma of receiving mental health support. Suicide is the second leading cause of death in people ages 10-34 and the fourth leading cause of



death amongst people ages 34-54. Learn the warning signs and reach out to help – call or text <u>988 Suicide & Crisis lifeline</u> for free and confidential support from a trained counselor 24/7. In Alameda County, teens can text the word "SAFE" to 20121 to receive direct access to a mental health and crisis counselor. The services are available 8 a.m. - 12 a.m. daily through <u>Crisis Support Services of Alameda County</u>.

Oakland Pride and Pridefest Oakland



Equity is at the core of everything we do in service to our residents. This month, HCSA participated in <u>Oakland Pride</u> and <u>Pridefest Oakland</u>. The Public Health Department and the Behavioral Health Department hosted Points of Dispensing (PODs), administering more than 1000 doses of the MPX vaccine, and provided attendees with information on sexual health wellness and safer sex guidance.

COVID-19 Vaccine Locations and Resources

Updated COVID-19 boosters will be available at **Weekes Community Center,** 27182 Patrick Ave, Hayward: Saturdays: 10:00 a.m. - 2:00 p.m.

Find more COVID-19 <u>vaccine</u> and <u>testing</u> locations on our <u>website</u>. Additional resources on our COVID-19 website

include a <u>ventilation interactive tool</u>, guidance for <u>isolation</u> and <u>quarantine</u>, <u>mask and face coverings</u>, <u>workplace recovery</u>, and <u>community resources</u>.



COVID-19 Epidemic Data Points

- 13.0 cases per 100,000 for the total population
- 6.5% test positivity in the general population; 5.3% in low-income areas
- 110 hospitalized, 14 in ICU

Please visit our dashboard for more data on COVID-19.

Mosquitoes and West Nile Virus



West Nile Virus (WNV) is a mosquito-borne disease that has been found in parts of Asia, Eastern Europe, Africa, and the Middle East. Most people who become infected with the virus have only mild illness or no symptoms, but in rare cases, a person can become seriously ill. The types of mosquitoes that transmit WNV are common in Alameda County. Our goal is to decrease the number of mosquitoes in the county to minimize

the possibility of <u>WNV</u> transmission. Check your yard for any standing water and minimize outdoor activity at dawn and dusk. Visit the Alameda County Mosquito Abatement District <u>website</u> for more information.

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