The Health Care Services Agency proudly celebrates Filipino American History Month in October. Watch videos of HCSA employees as they share the stories of their Filipino/a heroes. Watch Gabby and Kristel

As we approach Election Day on November 8, we encourage Alameda County voters to exercise their rights. Mid-term election results have a profound impact on local, state and national issues. All registered voters in Alameda County should have received a Vote by Mail ballot. Sign up to track your ballot or log into your voter profile.

How to Vote:
- Through the mail, or by dropping off a Vote by Mail Ballot in a 24-Hour Drop Box. Vote-by-mail ballots that are mailed must be postmarked on or before Election Day and received by the Registrar of Voters office no later than 7 days after Election Day.
- At any Vote Center location, 9:00 a.m. - 5:00 p.m., in Alameda County starting October 29. Election Day hours are 7:00 a.m. - 8:00 p.m.

If a ballot didn’t arrive, call the Registrar of Voters’ Office at (510) 272-6973. More frequently asked questions

Finally, in light of the 5.1 magnitude earthquake the Bay Area experienced this week, we remind residents to download the My Shake App (available on the Apple App Store and Google Play), powered by the U.S. Geological Survey, to receive advanced notification before the next nearby earthquake starts.

We appreciate your readership and please feel free to share this newsletter.

Halloween Tips

The fall season is officially here – a time for gathering just when we expect an increase in COVID-19 cases and flu season. Don’t miss out on your favorite
seasonal activities. Use the layers of safety precautions we know work: get your updated COVID-19 booster (if eligible) and flu vaccine; wear a high-quality mask; wash your hands often; stay home if you are sick; and know what treatments are available to you. Flu vaccine and COVID-19 boosters can be safely given at the same time.

Let's make sure trick-or-treaters stay safe, too:
- Use reflective tape on costumes and bags.
- Use crosswalks and corners to safely cross the street.
- Avoid using electronic devices.
- Walk, don't run!
- Before consumption, adults should inspect candy for tampering.

**New Crisis Residential Beds Project**

A new crisis residential beds project expands mental health and substance use disorder services in Central and Southern Alameda County. The California Department of Health Care Services recently awarded Alameda County Behavioral Health Care Services $18 million to expand coverage of severe mental health illness or substance abuse services and housing options in underserved regions of the county. In partnership with local community-based organizations, including La Familia, Telecare Corporation, and Seneca Family of Agencies, the project will add 69 beds in East Oakland and South Hayward communities. Read the joint press release to learn more.

**Novavax Authorized as a COVID-19 Booster**

Novavax is now authorized as a monovalent booster (not targeted to Omicron variant) for adults 18 years and older who have not previously received an mRNA booster. The Novavax booster is the same vaccine used for the primary series. Persons who have had COVID-19 should still get a booster to strengthen their immune systems. COVID-19 mRNA boosters that target Omicron are available for Alameda County residents 12+ at the Weekes Community Center Point of Distribution (POD). Updated COVID-19 boosters for children 5-11 will be available the first week of November. Walk-ins are welcome, but appointments are encouraged. Appointments can be made online or by calling the community support line at (510) 268-2101.

**Celebrate Día de los Muertos (The Day of the Dead)**

Día de los Muertos is a Mesoamerican holiday celebrated on November 1 and 2 that honors and welcomes back the souls of deceased loved ones. Check
Out these two upcoming events that are free to the public:

- **The REACH Ashland Youth Center** 10th Annual Día de Los Muertos Community Celebration, on Wednesday, November 2 at REACH Ashland Youth Center, 16335 E-14th Street in San Leandro, 3:30 p.m. - 6:30 p.m.
- **Alameda County Behavioral Health Care Services (ACBH) and Public Health Department (PHD)** will host two booths at the **Oakland Día de los Muertos Festival**, on Sunday, October 30 on International Blvd. between Fruitvale Ave. and 42nd Ave. in Oakland, 10:00 a.m. - 5:00 p.m. PHD and ACBH will be on-site to distribute COVID-19 kits as well as provide other COVID-19, diabetes, and mental health resources.

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**Mosquito Warning**

Invasive Aedes mosquitoes have been found along the southern border of Alameda County in Santa Clara County. This mosquito is of special concern because it has the potential to transmit a variety of diseases and thrives in areas close to humans. Prevent this mosquito from becoming established here by removing standing water on property, and contact **Alameda County Mosquito Abatement District** if mosquitoes bite during the daytime at (510) 783-7744.

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**COVID-19 Vaccine Locations and Resources**

Updated COVID-19 boosters and flu vaccine are available at **Weekes Community Center**, 27182 Patrick Ave, Hayward on Saturdays: 10:00 a.m. - 2:00 p.m. **Updated COVID-19 boosters for children ages 5-11 will be available in early November.**

Find more COVID-19 **vaccine** and **testing** locations on our website. Additional resources on our COVID-19 website include a **ventilation interactive tool**, guidance for **isolation and quarantine**, mask and face coverings, **workplace recovery**, and **community resources**.

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**COVID-19 Epidemic Data Points**

- 7.1 cases per 100,000 for the total population
- 4.7% test positivity in the general population; 3.0% in low-income areas
- 53 hospitalized, 7 in ICU

Please visit our **dashboard** for more data on COVID-19.

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**Healthy Living Festival was a Success!**
Five programs from Alameda County Public Health Department’s (ACPHD) Community Health Services (CHS) Division partnered with Supervisor Nate Miley and the United Seniors of Oakland and Alameda County for the 19th Annual Healthy Living Festival at the Oakland Zoo on September 29. Lunches were packed and served by over 20 staff from Nutrition Services, Office of Dental Health, Getting the Most Out of Life – Care Partners, Older Adults Healthy Results, and Healthy Nail Salon programs to approximately 2,000 older adults, exhibitors, and volunteers.

The wide smiles and chatty conversations were a sign that seniors were excited to connect with us and each other in person again!

Activities at the event include community resources for older adults and a photo booth hosted by Getting the Most Out of Life, Older Adults Healthy Results, and Nutrition Services programs. ACPHD's COVID-19 Division pitched in by making COVID testing and COVID and Flu vaccination available.

**Free Webinar: Donating Surplus Food for Work**

Under California State law SB 1383, many large businesses, nonprofits, and institutions in Alameda County are required to keep food and other compostable materials out of landfills to help fight climate change. Join local public agency StopWaste on **Thursday, November 3, 2:00 p.m. - 3:00 p.m.** and learn how to assess surplus edible food at your organization, find a food recovery partner, set up a smooth donation process, and more! **Register here:** [https://bit.ly/3Ddcmi2](https://bit.ly/3Ddcmi2)