Public Health - Emergency Medical Services - Behavioral Health - Environmental Health Homeless Care & Coordination - HealthPAC - Center for Healthy Schools & Communities



Week of May 30

Alameda County Health Care Services Agency Update









Please share with your networks

June is a time of celebration. Students are graduating, it's LGBTQIA+ Pride Month, and we observe Juneteenth as a federal holiday. As we continue to encourage self-care, it's important that we take these opportunities to experience the joy of gathering with loved ones, honoring their achievements, and remembering the struggles of those who came before us.

National recognition of Pride and Juneteenth are examples of how far we have come as a nation, but they are also reminders of how far we still have to go. Alameda County is one of the most diverse counties in the State and we take great pride in serving residents as we work to achieve health equity, so everyone can live fulfilling lives. We are not there yet, but we are committed to the shared responsibility of advancing equity.

While we celebrate, we cannot forget that COVID is still here. Today the Alameda County Health Officer issued a new Order requiring masking in most indoor settings. We thank Alameda County residents, employers, and businesses for continuing to rise to the challenge in response to this pandemic as we must take measures to protect ourselves and each other from this very infectious virus. (See Alameda County Requires Masking in Most Indoor Settings)

We encourage you to enjoy the start of the summer holidays and celebrations with your family and friends' health in mind.

Thank you for your continued support. Help us distribute this information to others by sharing this newsletter.

Alameda County Dashboard

Public Health Department Website

Alameda County Requires Masking in Most Indoor Settings

To limit the impact of increasing COVID-19 cases on hospitalizations, the face masking Order will go into effect beginning 12:01 a.m. tomorrow, June 3, 2022.



The Alameda County Health Officer continues to monitor COVID cases and hospitalizations to determine when this Order can be safely lifted.

Alameda County will not require masking in K-12 school settings through the end of the 2021-22 school year; however, masking is still strongly recommended. Masks will be required in all other children and youth settings including childcare, summer school, and youth programs, as practicable. Other situation-specific exemptions can be found in the Order.

Daily reported <u>COVID-19 cases</u> have exceeded the peak of last summer's Delta wave and are now approaching levels seen during the winter 2020-21 wave, at comparable lab-reported testing levels. Hospitalizations are also rising after remaining stable during the early weeks of this wave. Daily new admissions of patients with COVID-19 rapidly increased in recent days and now exceed last summer's peak.

In addition to masking, residents are reminded to continue taking other steps to limit the spread of COVID-19: stay home if sick or positive; test if symptomatic or exposed; and keep gatherings small and outdoors or increase ventilation if gathering indoors.

If you are not <u>vaccinated or boosted</u>, we strongly urge you to stop by a clinic if you are eligible and talk to your health care provider about <u>treatment</u> if you test positive for COVID and have mild or moderate symptoms. Visit the <u>COVID-19 website</u> for informational resources.

Epidemic Data Points (7-day lag)

- 46.8 cases per 100,000 residents per day total population ↑
- 7.3% test positivity in the general population ↑
- 7.2% test positivity in low-income areas ↑
- 40.0 cases per 100,000 residents per day fully vaccinated ↑
- 89.7 cases per 100,000 residents per day unvaccinated \uparrow
- 102 hospitalized, 11 in ICU↑

As of May 24, there were 10,442 cases reported over the past 14 days. This exceeds the number of cases reported during the Delta wave and is closing in on the January 2021 wave. Please visit our <u>dashboard</u> for more data on COVID-19.

COVID Boosters for Children Ages 5-11

Following FDA authorization, the <u>CDC</u> and the <u>Western States</u> <u>Scientific Safety Review Workgroup</u> recommended COVID boosters for the 5-11 age group. Boosters are available at County-supported vaccine clinics. The primary series provides strong protection against hospitalization and death. COVID-19 vaccination is recommended for all kids 5+, even if they had a previous COVID infection.



Alameda County reports 63% of 5-11 age group is fully vaccinated, 67% has at least

one dose. The vaccination rate of the 5-11 age group is well above the <u>State's rate of 35%</u> thanks to the efforts of Alameda County staff and partnerships with schools and community organizations.

The "Children and Youth Vaccine" webpage offers up-to-date information about children, teens, and vaccines. Walk up to a County-operated clinic, visit a pediatrician, or schedule an appointment at other clinics using MyTurn.CA.gov

Cal/OSHA and Alameda County Requirements

Recently readopted and updated <u>Cal/OSHA</u> <u>Emergency Temporary Standards</u> (ETS) include new quarantine guidance for workplaces. Alameda County <u>workplaces</u> must follow BOTH Cal/OSHA and <u>Alameda County requirements</u>:



- Alameda County REQUIRES unvaccinated or not fully vaccinated residents to quarantine for five days. Persons infected within the prior 90 days do not need to quarantine.
- The Cal/OSHA ETS REQUIRES all employees, regardless of vaccination status, have a negative test between days 3-5 to return to work. Persons infected within the prior 90 days do not need to be tested unless symptoms develop.
- The Cal/OSHA ETS REQUIRES that exposed employees mask for 10 days regardless of vaccination status.
- If you can't or do not want to test, the Cal/OSHA ETS REQUIRES that exposed employees stay home for 10 days, regardless of vaccination status.

No Confirmed Cases of Monkeypox in Alameda County



Alameda County does not have any confirmed cases of Monkeypox at this time. We encourage patients -- particularly but not exclusively gay, bisexual, and other men who have sex with men -- who have genital or perianal lesions or other symptoms that could be consistent with monkeypox to seek evaluation from a health care provider.

Patients can advocate for their health by reminding providers that the monkeypox virus is circulating globally. <u>Healthcare providers</u> who are concerned about a monkeypox infection should reach out to the local health department (Alameda County: 510-267-3250; After-hours calls: 925-422-7595) for further guidance and possible testing.

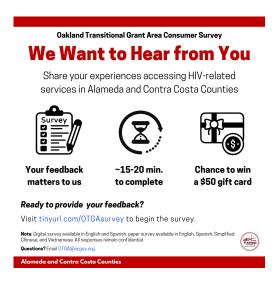
Don't Forget the Regular Childhood Immunizations

Talk to your child's pediatrician to make sure they're fully protected. The CDC provides a recommended <u>immunization schedule</u> to protect young children from 14 potentially serious diseases before their second birthday. Vaccinating children on time protects them and anyone

around them with a weakened immune system.



Alameda County HIV Forums and Survey, and State Strategic Plan



The Alameda County Public Health Department hosting two Community Forums about HIV-related services Alameda and Contra Costa Counties. The forums are opportunities to hear ideas about how the Counties can expand access to and improve the quality of services for people living with and affected by HIV.

The forums will be held on June 9 at 9:30 a.m. and June 23 at 5:00 p.m.

If you are living with HIV but can't attend a forum, take a survey to share your

experiences accessing HIV-related services in Alameda and Contra Costa Counties.

The California Department of Public Health will host a Community Engagement Meeting in Oakland on June 29 to receive feedback on Ending the Epidemics, California's strategic plan to address HIV, HCV, and STIs. This is the first integrated strategic plan to address human immunodeficiency virus (HIV), hepatitis C virus (HCV), and sexually transmitted infections (STIs) in California. This plan reflects diverse voices from CDPH and other state agencies, local health jurisdictions, communitybased organizations, and people with lived experience of these conditions.

Responsible Beverage Service



The California Department announced that The Responsible

Beverage Service Training Act takes effect on July 1. The Act is intended to curb harm related to underage drinking and the overuse of alcohol in California communities. Every alcohol server and their managers are required to be trained in Responsible Beverage Service and certified by August 31 or within 60 days of their first date of employment. The exam is in English and Spanish, and soon will be available in Chinese, Korean, Vietnamese, Tagalog, Hindi, and Punjabi.

Summer Safety - Reminders

The summer season is here! Here are a few reminders for

a safe summer.

- <u>Drowning Prevention</u> Drowning can happen to anyone, any time there is access to water.
- <u>Sun Safety</u> Most skin cancers are caused by too much exposure to ultraviolet light.
- <u>Mosquitoes</u> Avoid peak mosquito hours and remove standing water around your home.



COVID Vaccine Locations and Resources

- Allen Temple Baptist Church East Oakland: Saturdays, 10:00 a.m. 2:00 p.m.
 Closed June 4
- Hoover Elementary West Oakland: Saturdays, 10:00 a.m. 2:00 p.m.
- Weekes Community Center South Hayward: Saturdays, 10:00 a.m. 2:00 p.m.
- Coyote Hills Elementary School Newark: Saturdays, 10:00 a.m. 2:00 p.m.
- San Lorenzo High School Wednesdays, 3:30 p.m. 7:30 p.m.

Find more <u>vaccine</u> and <u>testing</u> locations or <u>make an appointment</u> by visiting our <u>website</u>. Additional resources on our COVID-19 website include a <u>ventilation</u> <u>interactive tool</u>, guidance for <u>isolation and quarantine</u>, <u>mask and face coverings</u>, <u>workplace recovery</u>, and <u>community resources</u>.

Webinar - How to Talk to Children About School Violence

In the wake of recent school shootings, experts from the Alameda County Office of Education's Social Emotional Learning Division and HCSA's Behavioral Health Department led a <u>virtual forum</u> for parents, family members, and school faculty on *How to Talk to Children About School Violence*.



Experts identified how adults can determine signs of trauma or grief amongst children, ways to best support how their child is feeling, and how to reassure their safety at school. Panelists reminded community members practicing self-care is integral to a child's healing process and provided County resources and mental health and crisis support helplines .

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COVID-19 Update PDF Version