Public Health - Emergency Medical Services - Behavioral Health - Environmental Health Homeless Care & Coordination - HealthPAC - Center for Healthy Schools & Communities



Week of November 1

## **Alameda County Health Care Services Agency Update**

Please share with your networks



We are saddened by the sudden and untimely loss of Supervisor Wilma Chan. She was a visionary and tireless advocate for the health and wellbeing of our communities. As Health Committee Chair, Supervisor Chan led with progressive values, loved data, put community first, and worked across sectors to solve complex problems. Her many contributions will live on through the lives of everyone touched by her policy decisions and leadership, including her work to support a robust safety net, services for children and families, and broad access to health insurance. She will be missed

dearly and we will carry her legacy forward in daily service to our community. Please keep her family and her staff in your thoughts and her memory in your heart.

The Alameda County Health Care Services Agency

Our <u>amended masking order</u> easing requirements in certain indoor settings where everyone is fully vaccinated took effect on November 1. Alameda Country has among the lowest rates of COVID-19 and among the highest rates of vaccination in the state and the country, so it is reasonable to take this step. *See story below*.

As more employers require vaccination, and our county considers a vaccination policy, we are pleased to report that employees within our Health Care Services Agency have already reached a fully vaccinated rate of 80.4%. Vaccination and ongoing precautions will help us move past the pandemic and we are grateful for the continued support from our cities, state, and federal partners in this effort.

As we head into the holidays, we encourage our residents to keep gatherings small, short, and outdoors if you are unsure about the vaccination status of guests. Please keep in mind that your risk of getting and spreading COVID-19 increases as you interact with more people for longer periods of time. It's important to get vaccinated especially if you are planning to visit an older or medically vulnerable friend or family member, or planning holiday travel. Vaccines are safe, effective, and free.

We will continue publishing updates biweekly and you can visit our COVID-19 website to find information. We appreciate your readership, encourage your feedback, and ask that you share this newsletter with others.

Alameda County Dashboard

Public Health Department Website

## **COVI-19 Vaccines Authorized for Ages 5 to 11**

COVID-19 vaccines are available for free to every person, ages 5 and older, regardless of residency or immigration status. Alameda County Community Clinics will be able to serve 5-11 year-olds by mid-November.

- Talk to your health care provider,
- Visit <u>MyTurn.CA.gov</u> or <u>Vaccines.gov</u> to find locations offering Pfizer for patients ages 5 and older, or
- Find a <u>vaccine site</u> in Alameda County.

Once appointments are available, parents, guardians, or caregivers will be able to <a href="make">make</a> an appointment online or call 510-208-4VAX

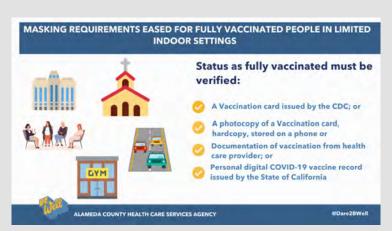
Children 5 - 11 Years-Old Are Now Eligible for Safe and Effective COVID-19 Vaccine

@Oaro28Woll ALAMEDA COUNTY HEALTH CARE SERVICES AGENCY

(4829). We are working with the County Office of Education to provide vaccination clinics at some school sites. Visit our website for facts about <a href="#">COVID-19 vaccines and children</a>.

# **Amended Masking Order Announced**

On November 1, the Alameda County amended masking order in Alameda County eased requirements in certain indoor settings where everyone is fully vaccinated. Eligible settings are in controlled spaces not open to the general public, including offices, gyms and fitness centers, employee



commuter vehicles, and organized gatherings in other indoor settings. Participating businesses, organizations, or hosts must verify that all patrons, employees, and attendees are fully vaccinated before allowing people to participate without face coverings inside their facilities and identity must be confirmed. There can be no more than 100 persons present at these facilities. Those present must also not have COVID-19 symptoms.

# **Boosters for People age 65+ or 50+ with Underlying Conditions**

People age 65+ or age 50+ with underlying medical



conditions are the most likely to experience severe disease, hospitalization, and death from COVID-19 infection. Emerging evidence suggests that immunity from COVID-19 vaccination may wane over time, and these groups will benefit from a booster shot. Alameda County Health Officer Dr. Nicholas Moss encourages people 65+ to get their boosters, and strongly encourages boosters before gatherings with friends and family over the holidays. Anyone planning to visit an older or medically vulnerable friend or

family member, or planning holiday travel, should get fully vaccinated. Find a vaccination location here.

# **Mental Health Conference Brings Resources to Isolated Residents**



Sixcommunity-based grant recipients have collaborated with developers to create an innovative web-based mental health technology application (app) to support the wellness of people who are experiencing situational induced trauma. Individuals who reside in isolation, anonymity, or feel they have no place to go because of their situation, are able to connect through the app with providers who canaddress their mental health needs. Our Behavioral Health Care Services Department is partnering

withlocal community-based organizations to host a first-of-its-kindvirtual Mental Health Technology Conference on Wednesday, November 10, from 10 am to 2 pm. The free conference will highlight the Mental Health Services Act (MHSA) INN project mental health apps and feature this technology-based approach to increase access to mental health care and support for individuals.

Grant recipients shared a total of \$1,8400,00inMHSA innovation funds to begin using the apps with their clients. Recipientsincludethe <u>Niroga Institute</u>, <u>Mental Health Association for Chinese Community</u> (MHACC), <u>Korean Community Center of the East Bay</u> (KCCEB), <u>Diversity in Health Training Institute</u> (DHTI), <u>Health and Human Resources Education Center</u>(HHREC) and <u>NAMI for Alameda County</u> (National Alliance on Mental Illness). More information on the conference and registration can be found <u>here</u>. Additional information on the app can be found <u>here</u>.

# **Community Advisory Group (CAG)**

The Community Advisory Group (CAG) meets again on **Tuesday, November 9,** at **5:30 pm**. Residents and representatives from organizations across Alameda County meet to support equitable response to COVID-19 and vaccine distribution. Co-Chairs are Kimi Watkins-Tartt, Public Health Director, Nestor Castillo, Public Health Commission/University Lecturer, and Greg Hodge, KHEPERA Consulting/Brotherhood of Elders Network. All <u>CAG meetings</u> are held on the 2nd Tuesday of each month from 5:30-7:00 PM. The meetings are open to the public via Zoom with opportunity for public comment and written questions. Closed captioning, American Sign Language (ASL), and Spanish language interpretation are provided. Interpretación en Español

disponible en Zoom. Our meetings are live-streamed on our <u>YouTube channel</u>. Register for the Zoom link.

## **COVID-19 Data Update**

Reflecting 7-day average and 7-day lag:

- Daily case rate 5.7 per 100,000
- 1.3% test positivity overall, 1.8% Healthy Places Index (HPI) first quartile
- 80 hospital patients, 28 Intensive Care Unit
- As of 10/27/21, of the 1,190,411 people who were fully vaccinated 116,206 (9.8%) have received an extra dose beyond full vaccination.
- 139,202 children aged 5-11 years; they make of 8.4% of the overall population

## **Vaccines are Available Weekly**

#### **Saturdays:**

- OUSD Central Kitchen, 29th Street, Oakland, corner of West St. and 29th St., 10 am-2 pm
- Weekes Community Center, 27182 Patrick Ave., Hayward, 10 am-2 pm
- Allen Temple Baptist Church, 8501 International Blvd., Oakland, 10 am-2 pm



Find <u>more vaccine locations</u> and <u>testing locations</u> by visiting our website. Please note Alameda County community sites will be closed on November 27, December 25 and January 1, to let our staff and volunteers spend holiday time with family and friends.

# **Stop the Bleed Campaign**



Our Emergency Medical Services Agency (EMS), Alameda County Fire, and Falck Ambulance teamed up to produce a <u>music video PSA</u> to reach youth with the lifesaving message: *Pressure Stops Bleeding. Simple Acts Save Lives* Bleeding injuries occur with accidents, violence, disasters, and terrorist attacks. A person can bleed out and die in as little as three minutes following injury and the average time for first responders in the United States is 8-10 minutes. Research

has shown that bystanders, with little or no medical training, can be effective immediate responders. The **Stop the Bleed** campaign raises awareness of life-saving actions and provides the public with bleeding control tools used by first responders and the military. Learn more about <u>Stop the Bleed</u>.

Click here to join our mailing list.

**COVID-19 Update PDF Version** 

