



ALAMEDA COUNTY COVID-19 HEALTH EMERGENCY

COUNTY OF ALAMEDA ★ CALIFORNIA

Office of Emergency Services
4985 Broder Blvd, Dublin, CA 94568

Alameda County Health Care Services Agency

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Alameda County Health Officials Strongly Recommend COVID Vaccine Boosters for All Adults

With case rates expected to rise this winter, health officials encourage every adult to get a booster as soon as possible.

ALAMEDA COUNTY, CA – Today the [CDC recommended COVID-19 boosters for all adults](#) who were fully vaccinated with the COVID-19 Pfizer or Moderna vaccines at least 6 months ago. The CDC previously recommended a booster for all adults who received the Johnson & Johnson vaccine at least two months ago.

People can “mix and match,” or choose a different COVID-19 vaccine than their original series as a booster.

A booster dose is recommended if you are 18 or older and:

- Received your second dose of Pfizer or Moderna at least 6 months ago, or
- Received your first dose of Johnson & Johnson vaccine at least 2 months ago

With emerging evidence suggesting that immunity from COVID-19 vaccination may wane over time, you should get your booster now, if eligible. Vaccination and booster doses will have the greatest benefit if they are administered before COVID-19 starts circulating at high levels again this winter.

“We expect a rise in COVID-19 cases as people gather with friends and family indoors and travel for the holidays,” said Dr. Nicholas Moss, Alameda County Health Officer. “If you are a fully vaccinated adult and enough time has passed since your vaccination, get your booster as soon as you can.”

The Pfizer and Johnson & Johnson booster doses are the same dosage as the original vaccine received in the series, while the Moderna booster dose is half the dosage of the original vaccine series.

Health care systems, pharmacies, and community-based clinics are offering boosters and a person can receive their booster from any location, not necessarily the same location where they received their initial vaccine series. Any eligible person seeking a booster dose should contact their health care provider or access a booster through a retail pharmacy. Booster appointments are also available through [MyTurn.ca.gov](https://www.myturn.ca.gov).

In alignment with State guidance, vaccination providers should not turn people away who meet the time requirement for a booster. Providers should actively seek out patients who are eligible for boosters and remind them to make an appointment.

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Health systems and pharmacies may need time to update their appointment systems, including screening tools asking registrants to attest to eligibility criteria. People should choose any criteria that they believe applies to them in order to schedule a booster appointment.

More than 1.2 million Alameda County residents have been fully vaccinated against COVID-19. Children ages 5 to 11 are newly eligible for vaccination. COVID-19 vaccines provide strong protection against the most severe outcomes of infection, including hospitalization and death and are now recommended for everyone 5 and older.

If you haven't gotten vaccinated yet, you can learn more about COVID-19 vaccines at <https://covid-19.acgov.org/vaccines>, including where to get vaccinated and answers to frequently asked questions. When you are ready, a vaccine will be waiting for you.

The CDC and Alameda County also recommend flu vaccine for everyone over 6 months of age. Including flu and COVID-19 vaccines as part of preparation for the holidays is especially important if planning to gather with older adults or other medically vulnerable family members and friends.

For additional holiday guidance, visit the State's website ***Tips for Protecting Yourself and Others This Holiday Season.***

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