Alameda County and City of Berkeley Align with California’s Updated Outdoor and Indoor Youth and Recreational Adult Sports Guidance

Health officials strongly recommend limiting the number of teams participating in multi-team competitions.

ALAMEDA COUNTY, CA – On February 19, 2021 the State provided updated guidance on organized youth sports and recreation—including school- and community-sponsored programs, and privately-organized clubs and leagues — and adult recreational sports. This guidance goes into effect today, February 26 and Alameda County and the City of Berkeley are aligning without added mandates or restrictions.

Multi-team competitions are permitted if all State restrictions are followed.
Multi-team competitions allowed under the California's updated Outdoor and Indoor Youth and Recreational Adult Sports requirements are permitted but all State restrictions must be followed. If the multi-team competitions meet these criteria, they will not need to notify or seek approval from Alameda County or City of Berkeley public health departments.

If you have questions about the state guidance, please call their COVID-19 hotline: 1-833-422-4255
For other clarifying questions for Alameda County, please email safelearning@acgov.org. For City of Berkeley, please email eocschools@cityofberkeley.info.

Public health recommendations reduce risk of spreading COVID-19. Limiting socializing to just one cohort outside of school will help keep you, your family and our communities safe.

In addition, Alameda County and City of Berkeley health officials strongly recommend that organizers of multi-team competitions limit the number of teams participating to no more than 5 teams.

By State restriction, competitions are limited to teams or participants located in Alameda County or in counties bordering Alameda County: Counties of Contra Costa, San Francisco, San Mateo, San Joaquin, Santa Clara, and Stanislaus.

While case rates are improving, the pandemic isn’t over. Wear a mask, wash your hands, watch your distance, and wait to see your loved ones. When it is your turn, get vaccinated.

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