



ALAMEDA COUNTY COVID-19 HEALTH EMERGENCY PRESS RELEASE

COUNTY OF ALAMEDA ★ CALIFORNIA

Office of Emergency Services
4985 Broder Blvd, Dublin, CA 94568

Alameda County Health Care Services Agency

FOR IMMEDIATE RELEASE
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Alameda County Offers Election Day COVID-19 Safety Tips

ALAMEDA COUNTY, CA – For many, Election Day comes with its own traditions, but the COVID-19 pandemic has added new considerations. Cases are increasing in California and it’s important to remember that the pandemic has not ended. Instead of gathering in person to watch results, hold a virtual watch party. If you are planning to gather with people outside of your household, wear a face covering, stay at least six feet away, and carry hand sanitizer.

Remember the risk of spreading COVID-19 goes up when gathering in large crowds or when shouting, chanting or singing, even if you are outdoors. For those who do gather, consider getting tested for COVID-19 within a few days through your health care provider or at one of our free community sites: <https://covid-19.acgov.org/testing.page?#Community>.

Some people may also experience a heightened sense of anxiety and uncertainty. If helpful, consider limiting the amount of news you take in throughout the day and tune off when you can. Stay focused on what you can control. Get exercise, drink water, eat well, and get plenty of rest. Check in with your friends and loved ones to provide support. We’re in this together and will get through it by taking care of each other.

If you haven’t voted, it’s not too late. Every voter was mailed a ballot. Drop it off at a 24-hour Drop Box https://www.acgov.org/rovapps/maps/balлотdropbox_map.htm or visit an accessible voting location <https://www.acgov.org/rovapps/maps/avl/>. Can’t find your ballot? Ask to vote provisionally.

Tomorrow and in the following days, please keep yourself, your loved ones, and your community safe.

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