









Wear a mask Keep 6 feet apart

Wash your hands often

Stay home if you are sick









Get tested for COVID-19

YOU SHOULD GET TESTED IF YOU HAVE:

difficulty breathing



new loss

of taste



chills

new loss of smell

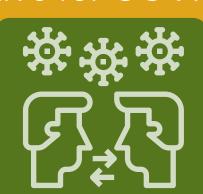


cough



fever

been in *close contact with someone who tested positive for COVID-19



*Close contact means spending 15 minutes or more within 6 feet or less with someone who is confirmed to have COVID-19.

Call 510-268-2101 to learn more about COVID-19 testing sites near you.

For a list of COVID-19 testing sites:

• • • • • • • • • • • • • • • • • •

Scan the QR code

Follow the link







https://tinyurl.com/yakefsmj





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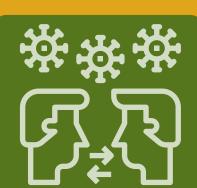
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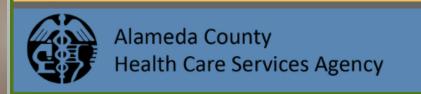
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Alameda County Public Health Department
Celebrating Healthy People in Healthy Communities



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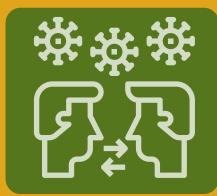
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ise siente enfermo(a)? Hágase la prueba del COVID-19. Quédese encasa. Salve vidas.

Use una mascarilla

Mantenga 6 pies de distancia Lávese sus manos frequentemente

Quédese en casa si está enfermo(a)











DEBE HACERSE LA PRUEBA SI TIENE:

respiración dificultosa

escalofrío

tos

fiebre







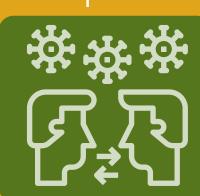


nueva pérdida nueva pérdida de sabor de olfato

estado en * contacto cercano con alguien que dio positivo por COVID-19







* Contacto cercano significa pasar 15 minutos o más dentro 6 pies o menos con alguien a quien se confirme que tiene COVID-19.

Llame al 510-268-2101 para obtener más información sobre sitios de prueba de COVID-19 cerca de usted.

• • • • • • • • • • • • • • • • • •

Para obtener una lista de los sitios de prueba de COVID-19: Escanee el código QR Siga el link







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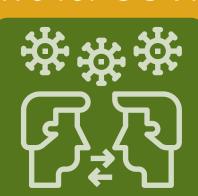
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