



HEALTH OFFICER ORDER FOR THE CONTROL OF COVID-19 No. 20-06q

Public Health Emergency **Quarantine** Order

Date Order Issued: April 3, 2020, amended May 4, 2020, June 8, 2020, July 27, 2020, October 30, 2020, December 24, 2020, February 16, 2021, April 27, 2021, May 5, 2021, September 3, 2021, September 10, 2021, November 18, 2021, January 7, 2022, January 10, 2022, February 22, 2022, April 18, 2022 and May 9, 2022

This Order is in effect until rescinded in writing by the Health Officer.

SUMMARY OF THE ORDER

California is in a State of Emergency because of the COVID-19 pandemic. The spread of Coronavirus Disease 2019 (COVID-19) is a substantial danger to the health of the public within the County of Alameda. COVID-19 can easily spread between people who are in close contact with one another. This Order is issued based on scientific evidence and best practices as currently known and available to protect vulnerable members of the public from avoidable risk of serious illness or death resulting from exposure to COVID-19. The age, condition, and health of a significant portion of the population of the County of Alameda ("County") places it at risk for serious health complications, including death, from COVID-19. Making the problem worse, some individuals who contract the virus causing the COVID-19 disease have no symptoms when they are infectious, which means they may not be aware they carry the virus and are transmitting it to others. All individuals who contract COVID-19, regardless of their level of symptoms (none, mild or severe), may place other vulnerable members of the public at significant risk.

To help slow COVID-19's spread, protect vulnerable individuals, and prevent the healthcare system in Alameda County from being overwhelmed, the County of Alameda Public Health Officer ("Health Officer") requires the quarantine of persons exposed to a person with COVID-19, except as specified below. Quarantine separates individuals who were exposed to COVID-19 from others, until it is determined that they are not at substantial risk for spreading the disease.



**UNDER THE AUTHORITY OF THE CALIFORNIA HEALTH AND
SAFETY CODE SECTIONS 101040, 101085, AND 120175,
THE COUNTY OF ALAMEDA HEALTH OFFICER ORDERS:**

All individuals who have had close contact with a person with COVID-19 must quarantine themselves unless they meet specific criteria described below. These persons are required to follow all instructions in this Order and the Public Health guidance documents referenced in this Order.

Violation of this Order is a crime, punishable by a fine of up to \$10,000 and/or a year in jail. (Health & Saf. Code §§ 120295 et seq.; Cal. Penal Code §§ 69 & 148)

Quarantine Requirements for Close Contacts of Persons with COVID-19

All individuals who are close contacts of a person with COVID-19 must immediately comply with the requirements specified below. In alignment with state guidance, persons who are fully vaccinated do NOT need to quarantine, unless specified below. However, it is recommended that all vaccinated, exposed persons test between Days 3-5 and wear a high-quality, well-fitting mask around others for 10 days.

Persons who are not fully vaccinated as defined above MUST quarantine for at least 5 days after their last close contact. Asymptomatic individuals who had COVID-19 in the past 90 days are not required to quarantine after a new exposure. Testing to end quarantine on the 5th day or any time before 10 days is recommended for all exposed persons but is not required. Wearing a high-quality, well-fitting mask around others for 10 days after exposure is also recommended.

A “close contact” is defined by the CDC and Alameda County as someone who was less than 6 feet away from someone with COVID-19 for a cumulative total of 15 minutes or more over a 24-hour period. For purposes of this Order, a healthcare worker or correctional staff member who has had contact within 6 feet of a case, even if the cumulative exposure add up to 15 minutes within a day, are not considered to have been close contact with the case if the healthcare worker or correctional staff member had properly donned appropriate personal protective equipment (PPE) for the entire duration of their contact with the case.

“Fully vaccinated” means it has been ≥ 2 weeks following receipt of the second dose in a 2-dose FDA-authorized vaccine series, or ≥ 2 weeks following receipt of one dose of a single-dose FDA-authorized vaccine. A person is also considered to be fully vaccinated ≥ 2 weeks after completing a WHO-authorized vaccine series.

Specific Circumstances:

- A. Healthcare providers at licensed acute care hospitals, psychiatric hospitals, and skilled nursing facilities must follow the guidance outlined in the current version of [AFL 21-08](#). Healthcare providers in other settings should follow the CDC’s *Interim Guidance for Managing Healthcare Personnel with SARS-CoV-2 Infection or Exposure to SARS-CoV-2*.
- B. Staff of Adult and Senior Care (ASC) licenses must follow the guidance outlined in PIN 21-23-ASC, or subsequent guidance from the California Department of Social Services.



- C. It is strongly recommended that staff in correctional and detention facilities who have been a close contact of an individual with COVID-19 and who are not fully vaccinated be excluded from work for 10 days. Asymptomatic correctional and detention staff can return to work before completing a 5-day quarantine if their employer is facing critical staffing shortages, but they should work in an area of the facility away from residents when possible until 10 days have passed.
- i. For the purposes of this Order, **critical staff shortages** occur when there are no longer enough staff to provide safe patient, resident, or inmate care or protect public safety and the shortages cannot be alleviated absent the return of the otherwise-quarantined employee to work.
 - ii. Workers who return to work before completing their full quarantine must continue wearing surgical masks or respirators at all times during work and must also continue to self-monitor for symptoms each day. If an employee develops symptoms at any point during the 10 days after exposure (including if the employee develops symptoms while at work), the employee must immediately return to and remain at home, not return to work, and follow the Health Officer's Isolation Order and Guidance.
 - iii. Workers who return to work before completing quarantine may only leave quarantine to provide services needed to alleviate critical staffing shortages. These individuals remain subject to standard quarantine restrictions at all other times until their quarantine period is complete.
- D. Emergency Medical Services personnel should follow the guidance on quarantine for healthcare providers in the current version of [AFL 21-08](#).
- E. **Asymptomatic unvaccinated emergency response personnel**, who are not covered by (A) above, must quarantine for at least 5 days after their last exposure. Asymptomatic individuals who had COVID-19 in the past 90 days are not required to quarantine after a new exposure. Asymptomatic personnel may return to work before completing quarantine if their employer is facing **critical staff shortages**.
- i. For the purposes of this Order, **critical staff shortages** occur when there are no longer enough staff to provide safe patient, resident, or inmate care or protect public safety and the shortages cannot be alleviated absent the return of the otherwise-quarantined employee to work.
 - ii. For the purposes of this Order, **the term emergency response personnel** includes federal, state, and local law enforcement; 911 call center staff; hazardous material responders from the public and private sectors; emergency medical providers and firefighters.
 - iii. Asymptomatic workers may return to work **before Day 5** after an exposure with a negative FDA-authorized diagnostic test (e.g., PCR, antigen). Testing should be repeated as practicable through Day 5.
 - iv. Workers who return to work before completing their full quarantine must continue wearing surgical masks or respirators at all times during work and must also continue to self-monitor for symptoms each day. If an employee develops symptoms at any point during the 10 days after exposure (including if the employee develops symptoms while at work), the employee must immediately return to and remain at home, not return to work, and follow the Health Officer's Isolation Order and Guidance.



- v. Workers who return to work before completing quarantine may only leave quarantine to provide services needed to alleviate critical staffing shortages. These individuals remain subject to standard quarantine restrictions at all other times until their quarantine period is complete.
- F. Students in K-12 educational settings must follow the guidance outlined in *COVID-19 Public Health Guidance for K-12 Schools in California, 2021-22 School Year*.
- G. Childcare and preschool programs must follow the guidance outlined in CDPH's [*Guidance for Child Care Providers and Programs*](#).
- H. Residents in Correctional and Detention Facilities must quarantine for 10 days, regardless of vaccination status.
- I. Residents in Shelters for Unhoused Persons are recommended to quarantine for 10 days, regardless of vaccination status.
- J. Residents in any congregate residential setting must quarantine for 10 days on a case-by-case basis if instructed by the Health Officer.
- K. Other state or federal laws or regulations may apply, including but not limited to workplace safety regulations, which require restrictions or exclusions from work for persons with COVID-19. Nothing in this Order supersedes, overrides, or otherwise modifies such state or federal laws or regulations.

This Order supersedes all prior orders of the County of Alameda's Health Officer regarding quarantine requirements.

This Order shall become effective at 11:59 p.m. on May 9, 2022 and will continue to be in effect until rescinded, superseded, or amended in writing by the Health Officer.

Copies of this Order shall promptly be: (1) made available at the County Administration Building at 1221 Oak Street, Oakland, California 94612; (2) posted on the County Public Health Department's website; and (3) provided to any member of the public requesting a copy of this Order.

If any provision of this Order or its application to any person or circumstance is held to be invalid, the remainder of the Order, including the application of such part or provision to other persons or circumstances, shall not be affected and shall continue in full force and effect. To this end, the provisions of this Order are severable.

The Health Officer may take additional action(s), which may include civil detention or requiring one to stay at a health facility or other location, to protect the public's health if an individual who is subject to this Order violates or fails to comply with this Order. Violation of this Order is also a misdemeanor punishable by imprisonment, fine or both.

IT IS SO ORDERED:

Dr. Nicholas J. Moss, MD, MPH
Health Officer, County of Alameda

May 9, 2022

Date