



## Selected COVID-19 Resources and Assistance:

### FOOD ACCESS

- **Locate a Food Distribution Service near your address** using County of Alameda COVID-19 Food Distribution, Testing and Services Map at <http://www.acgov.org/maps/food-services.htm>.
- **School-based Meals for Children up to 18:** Find [Meal Service by District](#) located on Alameda County Office of Education website.
- **Special Shopping Hours:** Some stores selling groceries and essential provisions are holding special shopping hours for older adults and those with underlying medical conditions, to allow them time to shop when the stores are freshly cleaned and least crowded.
  - Spectrum Seniors is keeping an updated list of major store chains' policies at <https://www.spectrumseniors.com/covid-19-resources>
  - A Berkeley/Emeryville specific list is being updated here: <https://docs.google.com/spreadsheets/d/18Ho90nsyFYCBcPN9OeThsRO7EDVHMC7aoS2W8xYqnEA/edit?ts=5e7bb3e3#gid=0>
- Find food resources by zip code across the United States through this downloadable APP site <https://foodfinder.us/>

Organization	Website & Contact info:	Address of Service(s)	Services Provided	Days/Times of Service	Notes/ Eligibility
<b>Alameda County Community Food Bank</b>	<b>Website:</b> <a href="https://www.accfb.org/get-food/">https://www.accfb.org/get-food/</a>  <b>Phone:</b> (510)635-3663	7900 Edgewater Dr. Oakland, CA 94621	Helpline will connect you to a source for groceries or a hot meal the same day you call us. Cal Fresh application assistance	Monday – Friday, 9 a.m. – 4 p.m.	
<b>Berkeley Food Pantry</b>	<b>Website:</b> <a href="https://www.berkeleyfoodpantry.org/">https://www.berkeleyfoodpantry.org/</a>  <b>Phone:</b> (510) 525-2280	1600 Sacramento Street Berkeley, CA94702	Food Pantry	Monday, Wednesday, and Friday 2pm-4pm	<ul style="list-style-type: none"> <li>• For Residents of Albany and Berkeley with proof of address</li> <li>• Bring your own bags</li> </ul> <p>You can receive groceries once per month</p>



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<b>Cityteam Oakland</b>	<b>Website:</b> <a href="https://www.cityteam.org/oakland">https://www.cityteam.org/oakland</a>  <b>Phone:</b> (510)452- 3758	720 Washington St Oakland, CA 94607	Dining Hall serving <a href="#">To-Go Meals</a>	Breakfast: Every day at 7am Lunch: Every day at 12pm Dinner: Every day at 6:30pm	
<b>Davis Street</b>	<b>Website:</b> <a href="http://davisstreet.org/index.php/family-services/food-clothing/">http://davisstreet.org/index.php/family-services/food-clothing/</a>  <b>Phone:</b> (510)347-4620	3081 Teagarden Street, San Leandro CA	Food Pantry Clients may pick up a grocery bag at the warehouse door or have their bag taken to their car, must call or text (510) 561- 9042 for car delivery.  Grocery bags can be delivered by Davis Street staff and volunteers to the homes of seniors and at-risk clients.	Mon-Fri 10 am -5:00 pm	<ul style="list-style-type: none"> <li>Serving residents in San Leandro, San Lorenzo, Castro Valley, Ashland, Cherryland and Hayward</li> <li>Clients must Register for Food Program</li> </ul>
<b>East Oakland Switchboard</b>	<b>Phone:</b> (510) 569-6369				
<b>East Oakland's Homies Empowerment FREEdom Store</b>	<b>Website:</b> <a href="http://www.homiesempowerment.co/">http://www.homiesempowerment.co/</a>  <b>Phone:</b> (510)542-9993	7631 MacArthur Blvd, Oakland	Free: Groceries, Produce, Toiletries, Diapers, Baby Formula	Tuesdays 10am-4pm	Bay Area Residents
<b>Eden United Church of Christ</b>	<b>Website:</b> <a href="https://www.edenucc.com/">https://www.edenucc.com/</a>  <b>Phone:</b> (510) 582-9533	21455 Birch Street, Hayward, CA, 94541	<a href="#">Food Pantry Sites in Spanish &amp; English (Comida days)</a> <b>click above for list of 10 sites, days &amp; times</b> To-go Supper Meal at Tennyson  Food Delivery available – must complete <a href="#">form</a> on website	2 <sup>nd</sup> and 4 <sup>th</sup> Wednesday of the month 1:30pm until food is gone M, W, F 4:30pm-5:30pm	<ul style="list-style-type: none"> <li>Drive-Thru and Multilingua</li> <li><b>See all sites:</b> <a href="https://www.edenucc.com/comida-a-para-cherryland">https://www.edenucc.com/comida-a-para-cherryland</a></li> </ul>



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<b>Fremont Family Resource Center</b>	<b>Website:</b> <a href="https://fremont.gov/228/Family-Resource-Center">https://fremont.gov/228/Family-Resource-Center</a>	39155 Liberty Street Fremont, CA	Mobile Pantry: Providing 80 bags of groceries as a first-come, first-served basis	Every 1st & 3rd Wednesday from 10:30-11:30AM	<ul style="list-style-type: none"> <li>• Enter parking lot and grab- and-go will be straight ahead</li> <li>• Need to wear a mask</li> </ul>
<b>Tri-City Volunteers Food Bank</b>	<b>Website:</b> <a href="http://www.tricityvolunteers.org/services/">http://www.tricityvolunteers.org/services/</a> <b>Phone:</b> (510)793-4583	Tri-City Volunteers Food Bank: 37350 Joseph Street Fremont, CA 94536	Food bank	Drive Through Monday - 9:30am-3pm Thursday	<ul style="list-style-type: none"> <li>• Food Bank is for Fremont, Union City</li> <li>• Must sign up for program</li> <li>• Clients can receive groceries once per week</li> </ul>
<b>League Of Volunteers (LOV)</b>	<b>Website:</b> <a href="http://www.lov.org">www.lov.org</a> <b>Phone:</b> (510)793-5683 <b>Email:</b> <a href="mailto:LOV@lov.org">LOV@lov.org</a>	8440 Central Ave. Newark	Homebound Food Pantry Delivery	Call or email to schedule pick-up and deliveries	<ul style="list-style-type: none"> <li>• Serving Fremont, Newark and Union City.</li> </ul>
<b>Meals on Wheels Alameda County</b>	<b>Website:</b> <a href="https://www.feedingseniors.org/">https://www.feedingseniors.org/</a> <b>Phone:</b> (510)777-9560		Meals Delivered to Seniors		<ul style="list-style-type: none"> <li>• Must sign up for meal delivery through website</li> </ul>
<b>Project Open Hand</b>	<b>Website:</b> <a href="https://www.openhand.org">https://www.openhand.org</a> <b>Phone:</b> (510) 622-0221	1921 San Pablo Ave, Oakland, CA 94612	Frozen meals and grocery bags	CNP participants may email or call for program information during COVID-19 pandemic: <a href="mailto:info@openhand.org">info@openhand.org</a>	<ul style="list-style-type: none"> <li>• Notes: Have to apply online and only for Seniors (60+) or adults(18+) with disabilities</li> </ul>
<b>St. Vincent De Paul Community Center</b>	<b>Website:</b> <a href="https://www.svdपालameda.org/">https://www.svdपालameda.org/</a>	675 23rd Street Oakland, CA 94612	Dining Hall: To Go meals Hot lunch five days per week (weekdays)	Tuesday - Saturday 10:45-12:45	<ul style="list-style-type: none"> <li>• Lunch is free and available to everyone who comes to their door ( pick-up at gate 23<sup>rd</sup> street entrance)</li> </ul>



**Alameda County Health Care Services Agency  
Public Health Department**

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Kimi Watkins-Tartt, Director  
Nicholas Moss, MD, Interim Health Officer

	Daily posts on their meals served at: <a href="https://www.facebook.com/SVdPalameda/">https://www.facebook.com/SVdPalameda/</a>  <b>Phone:</b> (510)638-7600				
<b>Telegraph Community Ministry Center</b>	<b>Website:</b> <a href="http://www.telegraphcenter.com/welcome/">http://www.telegraphcenter.com/welcome/</a>  <b>Phone:</b> (510) 961-4385	5316 Telegraph Ave Oakland, CA 94609	Food Pantry  Hot Breakfast( Wed-Sun 6:00am-8:00am)	Wednesdays from 10am- 2pm; 6pm-7:30pm  Fridays: 10am-2pm	
<b>Hope for the Heart - Food Distribution Center</b>	<b>Website:</b> <a href="http://www.hope4theheart.org/">http://www.hope4theheart.org/</a>				
<b>South Hayward Parish</b>	<b>Website:</b> <a href="http://southhaywardparish.org/food-pantry/">http://southhaywardparish.org/food-pantry/</a>  <b>Phone:</b> (510)785-3663	27287 Patrick Avenue, Hayward, CA 94544-4405	Food Panty	Tuesdays through Fridays from 1:30 through 4:30 pm.	Serving residents of Hayward and Union City
<b>Hayward Family Resource Center (FRC)</b>	<b>Website:</b> <a href="https://ebac.org/services/family-hayward.asp">https://ebac.org/services/family-hayward.asp</a>  <b>Phone:</b> (510) 300-3135	Hayward, CA 94544			
<b>Mount Zion Missionary Baptist Church (cont.) Community Food Giveaway</b>	<b>Website:</b> <a href="https://www.facebook.com/pages/Mount-Zion-Missionary-Baptist-Church/115311125154188">https://www.facebook.com/pages/Mount-Zion-Missionary-Baptist-Church/115311125154188</a>  <b>Phone:</b> (510)893- 2932	Berkeley and Oakland			



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<b>St. Mary's Center</b>	<b>Website:</b> <a href="http://stmaryscenter.org/community-center/">http://stmaryscenter.org/community-center/</a>  <b>Phone:</b> (510)-923-9600	Oakland	Community Center lunch suspended while shelter in place. Replaced with a Food Program Delivery Service for Seniors	<a href="#">See Summer 2020 Newsletter for more information</a>	
<b>Urban Adamah</b>	<b>Website:</b> <a href="https://www.urbanadamah.org/the-farm/free-farm-stand/">https://www.urbanadamah.org/the-farm/free-farm-stand/</a>  <b>Phone:</b> (510) 649-1595 X 101	1151 6th St. Berkeley CA	Weekly Free Farm Stand	Distribution 11:00am Wednesdays- <b>Register at 10:00am</b>	Register online Wednesdays at 10
<b>Berkeley Food Network</b>	<b>Website:</b> <a href="https://berkeleyfoodnetwork.org/">https://berkeleyfoodnetwork.org/</a>  <b>Phone:</b> (510)616-5383	1925 9th St., Berkeley	Onsite Pantry	M-Th, 10am-2pm; M & W 5- 7pm; 1st & 3rd Saturdays 10am-12pm. But check website or call first to confirm (hours may increase) Will be closed on Monday September 7 <sup>th</sup> , for the Labor Day holiday	All based on self-reported need. Designed for Berkeley and Albany residents
<b>Berkeley Food Network School Pantries</b>	<b>Website:</b> <a href="https://berkeleyfoodnetwork.org/school/">https://berkeleyfoodnetwork.org/school/</a>	<b>Multiple Locations:</b> <ul style="list-style-type: none"> <li>• Washington Elementary at 2300 MLK Jr. Way 94707</li> <li>• Rosa Parks Elementary at 920 Allston Way</li> <li>• Longfellow Middle</li> </ul>	School Pantry Program Free Breakfast & Lunch Pick-up for families of BUSD	M,W, F 11:00am-1:00pm MW-2 each Breakfast & lunch F-1 each Breakfast & lunch 2 <sup>nd</sup> & 4 <sup>th</sup> Friday can pick-up one bag of groceries per family.	<ul style="list-style-type: none"> <li>• For Washington Elementary, tables will be set up on Bancroft and MLK</li> <li>• For Rosa Parks Elementary, tables will be set up at the portico</li> <li>• For Longfellow Middle School, tables will be set</li> </ul>



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		<p>School at 1522 Ward St</p> <ul style="list-style-type: none"> <li>• Willard Middle School at 2425 Stuart St</li> <li>• Berkeley High School at 1980 Allston Way</li> <li>• Martin Luther King Jr Middle School at 1781 Rose St</li> </ul>		<p>Check website for updates</p> <p><b>For other BUSD school location pick-up information</b> for the 2<sup>nd</sup> &amp; 4<sup>th</sup> Friday bags of groceries <a href="#">pick-up</a> go to website and click select a school, find your school in the list and click for details.</p>	<p>up between Sacramento and California</p> <ul style="list-style-type: none"> <li>• For Willard Middle School, tables will be set up near Telegraph</li> <li>• For Berkeley High School, tables will be set up in the breezeway on Milvia near Kittredge St.</li> <li>• For Martin Luther King Jr, Middle School, enter on Grant and drive onto the Basketball courts. The tables will be set up at the front doors of the Dining Commons</li> </ul>
<b>Berkeley Food &amp; Housing Project</b>	<p><b>Website:</b> <a href="https://bfhp.org/services/food/">https://bfhp.org/services/food/</a></p> <p><b>Phone:</b> 510-649-4965</p>	2140 Dwight Way, Berkeley, CA 94704	A Free Community Meal is served To-Go	M-F 3:00pm-4:00pm	
<b>Food Distribution Center-Oakland International High School</b>		4521 Webster St. Oakland, CA 94609	Mobile Food Pantry		
<b>Alameda Food Bank</b>	<p><b>Website:</b> <a href="https://www.accfb.org/">https://www.accfb.org/</a></p> <p><b>Phone:</b> 510-523-5850</p>	650 W Ranger Ave Suite D Alameda, CA 94501		MWF 12pm-5pm Bus line 96	<p>Guidelines: Serving Alameda residents</p> <ul style="list-style-type: none"> <li>• may come once per week</li> </ul>



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<b>Food Distribution Center-East Bay Alliance For A Sustainable Economy</b>	<b>Website:</b> <a href="http://workingeastbay.org/">http://workingeastbay.org/</a>  <b>Phone:</b> (510)893-7106	1714 Franklin Street Oakland, CA 94612			
<b>Food Distribution Center East Bay Asian Local Development Corporation</b>	<b>Phone:</b> (510)287-5353	310 8 <sup>th</sup> street Oakland 94607			
<b>Roots Community Health Center</b>	<b>Website:</b> <a href="https://rootsclinic.org/fresh-local-csa-produce-diapers/">https://rootsclinic.org/fresh-local-csa-produce-diapers/</a>	7272 MacArthur Blvd. clinic site	Fresh and local CSA Produce boxes and diapers	1st and 3rd Tuesdays a month from 11am-1pm	
Sobrante Park	2nd and 4th Thursdays a month from 11am till 1pm				



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<p><b>Open Heart Kitchen</b></p>	<p><b>Website:</b>  <a href="http://www.openheartkitchen.org">www.openheartkitchen.org</a>   <a href="https://www.openheartkitchen.org/hot-meals/">https://www.openheartkitchen.org/hot-meals/</a>   <b>Phone:</b> (925) 580-1616</p>	<p>Robert Livermore        Community Center        4444 East Ave.,        Livermore, CA 94550</p>	<p>Hot Meals available to the Public        Free To-go hot meals curbside- pick up         Seniors 60+ may reserve hot lunch for pick-up in Dublin, Pleasanton, or Livermore <b>call 925-500-8241 by 1pm business day prior to make reservation.</b> Dinner option is available in Pleasanton</p>	<p>M-F 1pm-3pm         Call <b>925-500-8241</b> to participate in seniors 60+ hot lunch program</p>	<ul style="list-style-type: none"> <li>• Up to 4 servings may be picked-up per person</li> <li>• Must wear mask</li> </ul>
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