



### Financial Resources

Organization	Info:	Contact
<b>HELP (Help &amp; Emergency Lodging Program)</b>	Provides ONE-TIME emergency assistance to Alameda County residents to prevent homelessness and transition to permanent housing.	510-259 2200 <b>email:</b> <a href="mailto:HoEmLodgP@acgov.org">HoEmLodgP@acgov.org</a> To apply, complete this <a href="#">online application</a>
<b>Alameda County Social Services SSA</b>	General Assistance (GA), Refugee Cash Assistance (RCA), Cash Assistance Program for Immigrants (CAPI) provide relief and support to those who qualify.	510-263-2420 <a href="https://www.alamedasocialservices.org/public/services/financial_assistance/cash_assistance_program_for_immigrants.cfm">https://www.alamedasocialservices.org/public/services/financial_assistance/cash_assistance_program_for_immigrants.cfm</a>
<b>Catholic Charities East Bay</b>	Rental Assistance for Oakland residents	510-768-3100; 510-860-4985 <a href="http://www.cceb.org">www.cceb.org</a>
<b>Season of Sharing</b>	Rent & deposit assistance for families	510-272-3700; <a href="https://www.alamedacountysocialservices.org/our-services/Shelter-and-Housing/Other-Support/season-of-sharing">https://www.alamedacountysocialservices.org/our-services/Shelter-and-Housing/Other-Support/season-of-sharing</a>
<b>One Fare Wage Emergency Fund</b>	Cash gifts to hourly workers <b>PLEASE NOTE: We are actively raising money for this emergency fund and will be making temporary cash gifts to workers as funding becomes available.</b>	<a href="https://ofwemergencyfund.org/help">https://ofwemergencyfund.org/help</a>
<b>Housing Resources</b>	Information on accessing shelters, transitional housing, and other emergency housing in Alameda County	Call 211; <a href="http://211alamedacounty.org/">http://211alamedacounty.org/</a>
<b>PG&amp;E</b>	One-time bill assistance, payment arrangement and extensions (Reach Program)	1-800-933-9677 PG&E discount (Care Program)
<b>EBMUD Customer Assistance Program</b>	Water bill assistance	1-866-403-2683;
<b>Spectrum Community Center</b>	Energy bill assistance (LIHEAP Program)	510-881-0300 ex. 216 & ex.226 <a href="https://www.spectrumcs.org/">https://www.spectrumcs.org/</a>

# Alameda County Resources

Resources to Help



## Food Resources

Organization	Information	Contact
<b>Alameda County Food Bank</b>	Helpline will connect you to a source for groceries or a hot meal the same day you call. Cal Fresh application assistance.	510-635-3663 (Monday –Friday 9am –4pm) Food Locator: <a href="http://www.foodnow.net">www.foodnow.net</a> and <a href="http://www.comidaahora.net">www.comidaahora.net</a>
<b>Food Distribution Services</b>	List of food resources including school-based meals and special shopping hours via links on the list.	<a href="https://covid-19.acgov.org/covid19-assets/docs/food-housing-finance/food-access-resource-list-2021.06.21.pdf">https://covid-19.acgov.org/covid19-assets/docs/food-housing-finance/food-access-resource-list-2021.06.21.pdf</a>
<b>CalFresh</b>	CalFresh is a Supplemental Nutrition Assistance Program (SNAP) that provides assistance for households to purchase nutritious food.	Supplemental Nutrition Assistance Program (SNAP) <a href="https://www.mybenefitscalwin.org/">https://www.mybenefitscalwin.org/</a> 1-800-422-9495

## Health Insurance and Medication Resources

Organization/Info	Contact
<b>Health Insurance Enrollment Assistance (Medi-CAL and other programs)</b>	1-800-422-9495 <a href="https://www.mybenefitscalwin.org/">https://www.mybenefitscalwin.org/</a> ; <a href="http://alamedasocialservices.org/public/index.cfm">http://alamedasocialservices.org/public/index.cfm</a> ;
<b>Locate a doctor or health clinic close to you</b>	<a href="https://www.alamedahealthconsortium.org/health-center/">https://www.alamedahealthconsortium.org/health-center/</a> 510 297-0230; <a href="http://www.alamedahealthsystem.org/locations/">http://www.alamedahealthsystem.org/locations/</a>

## Emotional Support/Counseling:

Organization	Contact
<b>Alameda County Behavioral Health ACCESS</b>	From 8:30-5:00 M-F 1-800-491-9099
<b>Crisis Support Services of Alameda County (24 hours)</b>	1-800-273-8255
<b>Family Paths Helpline (24 hours)</b>	1-800-829-3777



### ALAMEDA COUNTY HEALTH CARE SERVICES AGENCY PUBLIC HEALTH DEPARTMENT

Colleen Chawla – Agency Director  
Kimi Watkins-Tartt – Director  
Nicholas Moss, MD – Health Officer

**Contact**  
Public Health Department:  
(510) 267-8000 Main Line

**COVID-19 Information:**  
(510) 268-2101

Email: [ncov@acgov.org](mailto:ncov@acgov.org)

[www.acphd.org](http://www.acphd.org)