

# Alameda County Resources

## Resources to Help



### Financial Resources

Organization	Info:	Contact
<b>CA Covid-19 Rent Relief</b>	Funding to help income-eligible households pay rent and utilities, both for past due and future payments.	1-833-430-2122 <a href="https://housing.ca.gov/covid_rr/program_overview.html#renter">https://housing.ca.gov/covid_rr/program_overview.html#renter</a>
<b>Alameda County Emergency Rental Assistance Program</b>	Help income-eligible households pay up to 15 months of rent and utilities, both for past due and future payments.	<a href="https://www.ac-housingsecure.org/">https://www.ac-housingsecure.org/</a>
<b>HELP (Help &amp; Emergency Lodging Program)</b>	Provides ONE-TIME emergency assistance to Alameda County residents to prevent homelessness and transition to permanent housing.	510-259 2200 email: <a href="mailto:HoEmLodgP@acgov.org">HoEmLodgP@acgov.org</a> To apply, complete this <a href="#">online application</a>
<b>Alameda County Social Services SSA</b>	General Assistance (GA), Refugee Cash Assistance (RCA), Cash Assistance Program for Immigrants (CAPI) provide relief and support to those who qualify.	510-263-2420 <a href="https://www.alamedasocialservices.org/public/services/financial_assistance/cash_assistance_program_for_immigrants.cfm">https://www.alamedasocialservices.org/public/services/financial_assistance/cash_assistance_program_for_immigrants.cfm</a>
<b>Catholic Charities East Bay</b>	Rental Assistance for Oakland residents	510-768-3100; 510-860-4985 <a href="http://www.cceb.org">www.cceb.org</a>
<b>Season of Sharing</b>	Rent & deposit assistance for families	510-272-3700; <a href="https://seasonofsharing.org/">https://seasonofsharing.org/</a>
<b>One Fare Wage Emergency Fund</b>	Cash gifts to hourly workers	<a href="https://ofwemergencyfund.org/help">https://ofwemergencyfund.org/help</a>
<b>The Unity Council</b>	EDD and CalFresh assistance, utility and housing assistance, and job-related services. (English, Spanish and Mam language)	510-535-6101 Email: <a href="mailto:admin@unitycouncil.org">admin@unitycouncil.org</a> ; <a href="http://www.unitycouncil.org/career-center">www.unitycouncil.org/career-center</a>
<b>Centro Legal de la Raza</b>	Emergency Rental Assistance for Alameda County residents and other resources.	<a href="https://www.centrolegal.org/">https://www.centrolegal.org/</a> 510-437-1554
<b>Street Level Health Project</b>	Assistance with CA Covid-19 Rent Relief Application & resources. Languages: English, Spanish & Mam (Mayan)	510-306-4835; <a href="http://streetlevelhealthproject.org/">http://streetlevelhealthproject.org/</a>
<b>Housing Resources</b>	Information on accessing shelters, transitional housing, and other emergency housing in Alameda County	Call 211; <a href="http://211alamedacounty.org/">http://211alamedacounty.org/</a>
<b>PG&amp;E</b>	One-time bill assistance, payment arrangement and extensions (Reach Program)	1-800-933-9677 PG&E discount (Care Program)
<b>EBMUD Customer Assistance Program</b>	Water bill assistance	1-866-403-2683
<b>Spectrum Community Center</b>	Energy bill assistance (LIHEAP Program)	510-881-0300 ex. 216 & ex.226 <a href="https://www.spectrumcs.org/">https://www.spectrumcs.org/</a>

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## Food Resources

Organization	Information	Contact
<b>Alameda County Food Bank</b>	Helpline will connect you to a source for groceries or a hot meal the same day you call. Cal Fresh application assistance.	510-635-3663 (Monday –Friday 9am –4pm) Food Locator: <a href="http://www.foodnow.net">www.foodnow.net</a> and <a href="http://www.comidaahora.net">www.comidaahora.net</a>
<b>Food Distribution Services</b>	List of food resources including school-based meals and special shopping hours via links on the list.	<a href="https://covid-19.acgov.org/covid19-assets/docs/food-housing-finance/food-access-resource-list-2021.06.21.pdf">https://covid-19.acgov.org/covid19-assets/docs/food-housing-finance/food-access-resource-list-2021.06.21.pdf</a>
<b>CalFresh</b>	CalFresh is a Supplemental Nutrition Assistance Program (SNAP) that provides assistance for households to purchase nutritious food.	1-800-422-9495 Supplemental Nutrition Assistance Program (SNAP) <a href="https://www.mybenefitscalwin.org/">https://www.mybenefitscalwin.org/</a>

## Health Insurance Resources

Organization/Info	Contact
<b>Health Insurance Enrollment Assistance (Medi-CAL and other programs)</b>	1-800-422-9495 <a href="https://www.mybenefitscalwin.org/">https://www.mybenefitscalwin.org/</a> ; <a href="http://alamedasocialservices.org/public/index.cfm">http://alamedasocialservices.org/public/index.cfm</a> ;
<b>Locate a doctor or health clinic close to you</b>	510 297-0230 <a href="https://www.alamedahealthconsortium.org/health-center/">https://www.alamedahealthconsortium.org/health-center/</a> <a href="http://www.alamedahealthsystem.org/locations/">http://www.alamedahealthsystem.org/locations/</a>

## Emotional Support/Counseling:

Organization	Contact
<b>Alameda County Behavioral Health ACCESS</b>	1-800-491-9099 From 8:30-5:00 M-F
<b>Crisis Support Services of Alameda County (24 hours)</b>	1-800-309-2131; Text SAFE To 20121 <a href="https://www.crisissupport.org/">https://www.crisissupport.org/</a>
<b>Family Paths Helpline (24 hours)</b>	1-800-829-3777



### ALAMEDA COUNTY HEALTH CARE SERVICES AGENCY PUBLIC HEALTH DEPARTMENT

Colleen Chawla – Agency Director  
Kimi Watkins-Tartt – Director  
Nicholas Moss, MD – Health Officer

**Contact**  
Public Health Department:  
(510) 267-8000 Main Line

**COVID-19 Information:**  
(510) 268-2101

Email: [ncov@acgov.org](mailto:ncov@acgov.org)  
[www.acphd.org](http://www.acphd.org)