



## What to Expect in the Case Investigation and Contact Tracing



### What to Expect if You Are A Case:

When you test positive for COVID-19, the Alameda County Public Health Department will call to provide you guidance and support. All information you share with us is kept confidential.

We are calling for two reasons:

1. To ask about your health and give you instructions on how to [isolate](#) yourself to protect your loved ones and community.
2. To identify other people that have come into close contact with you to see if they need to be evaluated for COVID-19.

We ask questions to learn about your activities and people you were in contact with over the 14 days before you started to feel sick or tested positive. We can connect you to resources to help you isolate, including temporary housing, food, and financial assistance.

You will need to stay at home and away from others for about 10 days.

### What to Expect if You Are A Contact:

When someone you know who has COVID-19 identifies you as a close contact, we will call you to provide guidance and support. All information you share with us is kept confidential.

We are calling for several reasons:

1. To inform you that you may have been exposed to COVID-19.
2. To see whether you have had any symptoms and provide testing guidance.
3. Provide information on how to [self-quarantine](#) and what to do if you get sick.

You will need to stay at home and away from others for about 14 days.