## Financial Resources

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<tr>
<th>Organization</th>
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</table>
| HELP (Help & Emergency Lodging Program)                | Provides ONE-TIME emergency assistance to Alameda County residents to prevent homelessness and transition to permanent housing. | 510-259 2200  
Email: HoEmLodgP@acgov.org  
https://www.alamedacountysocialservices.org/our-services/Shelter-and-Housing/Other-Support/HELP |
| Alameda County Social Services SSA                     | General Assistance (GA), Refugee Cash Assistance (RCA), Cash Assistance Program for Immigrants (CAPI) provide relief and support to those who qualify. | 510-263-2420  
https://www.alamedacountysocialservices.org/contact-us/online-self-services-virtual-kiosk |
| Catholic Charities East Bay                            | Rental Assistance for Oakland residents                              | 510-768-3100; 510-860-4985  
www.cceb.org                                               |
| Season of Sharing                                      | Rent & deposit assistance for families                              | 510-272-3700  
https://www.alamedacountysocialservices.org/our-services/Shelter-and-Housing/Other-Support/season-of-sharing |
| One Fare Wage Emergency Fund                           | Cash gifts to hourly workers  
PLEASE NOTE: We are actively raising money for this emergency fund and will be making temporary cash gifts to workers as funding becomes available. |  
https://ofwemergencyfund.org/help |
| Housing Resources                                      | Information on accessing shelters, transitional housing, and other emergency housing in Alameda County | Call 211  
http://211alamedacounty.org/ |
| PG&E                                                  | One-time bill assistance, payment arrangement and extensions (Reach Program) | 1-800-933-9677  
PG&E discount (Care Program)                                |
| EBMUD Customer Assistance Program                      | Water bill assistance                                               | 1-866-403-2683  
https://www.ebmud.com/customers/billing-questions/financial-assistance |
| Spectrum Community Center                              | Energy bill assistance (LIHEAP Program)                             | 510-881-0300 ex. 216 & ex.226  
https://www.spectrumcs.org/                                  |
| 4C’s of Alameda County                                 | Childcare resources, diaper kits, financial assistance              | 510-582-2182  
Email: info@4c-alameda.org  
https://4calameda.org/                                     |
## Food Resources

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<tbody>
<tr>
<td>Alameda County Food Bank</td>
<td>Helpline will connect you to a source for groceries or a hot meal the same day you call. Cal Fresh application assistance.</td>
<td>510-635-3663 (Monday–Friday 9am –4pm) Food Locator: <a href="http://www.foodnow.net">www.foodnow.net</a> and <a href="http://www.comidaahora.net">www.comidaahora.net</a></td>
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<tr>
<td>Food Distribution Services</td>
<td>List of food resources including school-based meals and special shopping hours via links on the list.</td>
<td><a href="https://covid-19.acgov.org/covid19-assets/docs/food-housing-finance/food-access-resource-list-2021.06.21.pdf">https://covid-19.acgov.org/covid19-assets/docs/food-housing-finance/food-access-resource-list-2021.06.21.pdf</a></td>
</tr>
<tr>
<td>Calfresh</td>
<td>CalFresh is a Supplemental Nutrition Assistance Program (SNAP) that provides assistance for households to purchase nutritious food.</td>
<td>Supplemental Nutrition Assistance Program (SNAP) <a href="https://www.mybenefitscalwin.org/">https://www.mybenefitscalwin.org/</a> 510-272-3663</td>
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## Health Insurance and Medication Resources

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| Health Insurance Enrollment Assistance (Medi-CAL and other programs) | 1-800-422-9495  
https://www.mybenefitscalwin.org/  
https://www.alamedacountyssocialservices.org/index.page |
| Locate a doctor or health clinic close to you | https://www.alamedahealthconsortium.org/health-center/;  
http://www.alamedahealthsystem.org/locations/ |
| Bay Area Community Health (BACH)          | http://www.bach.health  
Benefits Enrollment: 510-252-6808  
Appointment Booking: 510-770-8040 |

## Emotional Support/Counseling:

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| Alameda County Behavioral Health ACCESS    | From 8:30-5:00 M-F  
1-800-491-9099                         |
| Crisis Support Services of Alameda County  | 1-800-273-8255                         |
| (24 hours)                                |                                        |
| Family Paths Helpline (24 hours)           | 1-800-829-3777                         |