Treatment and Prevention of COVID-19 for High-Risk Persons

Did you just test positive for COVID-19?
Treatment is available for persons **28 days and older** who have symptoms and are at **high risk for severe disease**, even if they have been vaccinated. The blue box below lists some of the reasons a person may be at high risk. Talk with a healthcare provider to find out if treatment is right for you.

**NOTE: Age and weight requirements may be different for each treatment.**

- Recently tested positive for COVID-19 and are **experiencing mild to moderate COVID-19 symptoms**, **AND**
- Have **one or more of the following risk factors** for severe disease, hospitalization or death:
  - Obesity or overweight
  - Older age (65 years and older)
  - Pregnancy, diabetes, chronic kidney disease, weakened immune system, mental health conditions, heart disease, high blood pressure and certain lung diseases, such as COPD and moderate/severe asthma
  - Other medical conditions/factors, including race/ethnicity, that may place patients at higher risk
  - Black/African American, Hispanic/Latino/a/Latinx, other persons of color should speak to their medical provider
- See the CDC website for a full list: [People with Certain Medical Conditions | CDC](https://www.cdc.gov/coronavirus/2019-ncov/medicalconditions/index.html)

Do you have a weakened immune system?
If you do **not** have COVID-19 and have **not** been exposed to COVID-19, you may be able to get Evusheld to help prevent infection. You may also be able to get it if you cannot be vaccinated. Talk with a healthcare provider to find out if Evusheld is right for you.

Where can I go for treatment?
- Test-to-Treat sites: See [COVID-19 Test to Treat Locator English (arcsig.com)](https://www.arcgis.com/apps/webappviewer/arcgis/5f70f04b130643279265f9094f36f99d.html)
- Your healthcare provider/system, community clinics, retail pharmacies.
- For treatments that require an IV or an injection, **some patients may be referred by a healthcare provider to an infusion center.**
- You can also complete a self-referral form for monoclonal antibody therapy, which is one type of treatment, at the links below:
  - **Total Infusion:** [https://totalinfusion.com/make-a-referral/](https://totalinfusion.com/make-a-referral/)
  - **UCSF:** [UCSF External Self or Provider Referral for COVID-19 Monoclonal Antibody Outpatient Treatment (PDF)](https://www.ucsf.edu/sites/default/files/2023-03/UCSF-COVID-19-Monoclonal-Antibody-Outpatient-Treatment.pdf)
  - **Stanford Medical Center, Palo Alto:** Contact DL-SHC-Pharmacy-COVID@stanfordhealthcare.org or call (650) 391-8503. [COVID-19 Monoclonal Antibody Therapies - Patients | Stanford Health Care](https://www.stanfordhealthcare.org)