

Fall-Winter Vaccines

Why are these vaccines important?

COVID-19, Influenza (flu) and Respiratory Syncytial Virus (RSV) vaccines reduce the risk of severe disease. You can get all three vaccines at the same time.

Vaccine

Who is recommended to get it?

Influenza



Targets 4 strains of influenza virus.

Everyone 6 months and older should get a dose, even persons with an egg allergy.

Children 8 years and younger should have two doses their first season.

COVID-19



Updated to target XBB, an Omicron subvariant.

Updated Moderna, Pfizer & Novavax vaccines are available.

CDC recommends that **everyone 6 months and older** get an updated COVID-19 vaccine at least 2 months after their last dose.

- Most persons who have never been vaccinated need one dose of Pfizer/Moderna OR two doses of Novavax to be considered up-to-date.
- Children 6 months to 4 years of age who have never been vaccinated are still recommended to get either two or three doses of COVID-19 vaccine.

RSV¹



Targets Respiratory Syncytial Virus (RSV). RSV can cause severe respiratory disease in infants and older adults.

Adults 60 and older should ask their healthcare provider/pharmacist about the RSV vaccine.

Pregnant persons should get a dose between 32 and 36 weeks during RSV season (baby will receive protection that lasts for months after birth).

¹If a pregnant person does not get the RSV vaccine, the baby is recommended to get one dose of RSV monoclonal antibody. Higher risk older babies/toddlers up to 19 months are also recommended to get a dose.

